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National Center for Health Statistics
3311 Toledo Rd, Room 4322
Hyattsville, MD 20782

Dear Friend:

AARP fully supports the National Health and Nutrition Examination Survey (NHANES). The survey collects information about the health and nutritional status of people living in the United States. Of particular interest to researchers and policy makers is the health of older persons. By participating in NHANES, you have the opportunity to represent thousands of other older Americans.

AARP continues to lend its support to this worthwhile project and encourages your participation. During its last cycle, more than 10,000 individuals participated, providing valuable information available through no other means. Contributors to the survey will help in the development of national estimates for high cholesterol, blood pressure, and hearing loss along with special focus on diseases like osteoporosis and osteopenia. We cannot overstate the importance of participation by seniors and others that are often underrepresented in health data surveys and studies. AARP and other groups use findings from the survey in our efforts to improve health care and promote wellness.

NHANES is a voluntary study, and the choice to participate is entirely yours. If selected to participate you will be interviewed at your home and at your convenience. That interviewer will then set up an appointment for your physical examination. All information is kept in the strictest confidence.

If you have any questions about this study, please feel free to call Dr. Kathryn Porter at the U.S. Public Health Service, toll-free at 1-800-452-6115. Thank you for your time and consideration.

Sincerely,

A. Barry Rand