

National Ambulatory Medical Care Survey

ABOUT NAMCS

The National Ambulatory Medical Care Survey (NAMCS) produces statistics that are representative of people in the United States who visit office-based physicians. The survey provides information on office visits by physician practice characteristics, patient characteristics, and visit characteristics.

OSTEOPATHIC MEDICINE

In 2015–2016, there were an estimated **58 million visits per year** to nonfederally employed, office-based providers specializing in osteopathic medicine in the United States.

CONTACT US

Ambulatory and Hospital
Care Statistics Branch:

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https://www.cdc.gov/nchs/ahcd/namcs_participant.htm

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PRIMARY EXPECTED SOURCE OF PAYMENT

PRIVATE INSURANCE	48.1%
MEDICARE	25.6%
MEDICAID OR CHIP/SCHIP ¹	13.1%
NO INSURANCE ²	2.2%

¹CHIP is Children's Health Insurance Program; SCHIP is State CHIP.

²Having only self-pay, no charge, or charity as source of payment.

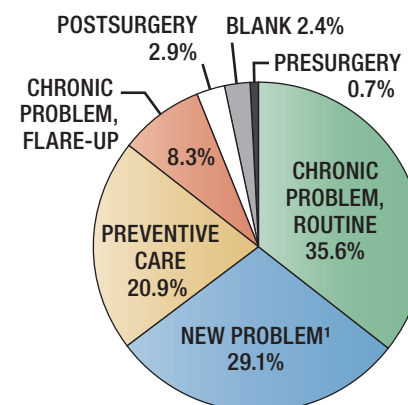
PATIENTS' TOP 4 PRINCIPAL REASONS FOR VISIT

- PROGRESS VISIT
- GENERAL MEDICAL EXAMINATION
- KNEE SYMPTOMS
- COUGH

TOP 5 SERVICES, ORDERED OR PROVIDED

- RETINAL/EYE EXAMINATION
- NEUROLOGIC EXAMINATION
- COMPLETE BLOOD COUNT (CBC)
- DIET/NUTRITION COUNSELING
- LIPID PROFILE

MAJOR REASON FOR VISIT



¹Onset less than 3 months.

NOTE: Percentages may not add to 100 due to rounding.

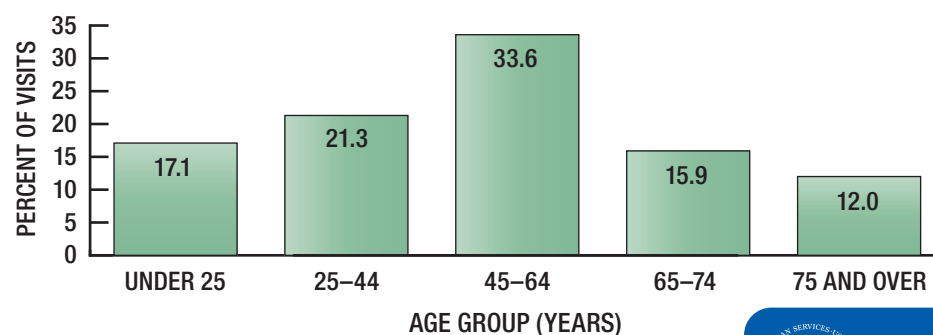
MEDICATIONS WERE PRESCRIBED OR CONTINUED AT 78.6% OF OFFICE VISITS.

TOP 5 ACTIVE INGREDIENTS



- ASPIRIN
- LISINAPRIL
- ALBUTEROL
- METOPROLOL
- ATORVASTATIN

PERCENT DISTRIBUTION OF OSTEOPATHIC MEDICINE OFFICE VISITS, BY PATIENT'S AGE: 2015–2016



NATIONAL CENTER FOR HEALTH STATISTICS

Osteopathic Medicine Fact Sheet *from the*

National Ambulatory Medical Care Survey

NAMCS data are widely used in research studies appearing in nationally recognized medical journals. Here are a few recent publications using NAMCS data:

Licciardone JC. **A national study of primary care provided by osteopathic physicians.** J Am Osteopath Assoc 115(12):704–13. 2015.

Licciardone JC, Singh KP. **Sociodemographic and geographic characteristics associated with patient visits to osteopathic physicians for primary care.** BMC Health Serv Res 11:303. 2011.

Moser A, Segars LW. **Assessment of antihyperlipidemic therapy in US patients with coronary heart disease.** J Am Osteopath Assoc 110(6):331–9. 2010.

Licciardone JC, Clearfield MB, Guillory VJ. **Clinical practice characteristics of osteopathic and allopathic primary care physicians at academic health centers: Results from the National Ambulatory Medical Care Survey.** Acad Med 84(6):744–50. 2009.

A complete list of publications using NAMCS data, which includes articles and reports, can be found at: https://www.cdc.gov/nchs/ahcd/ahcd_products.htm.

