ABOUT NAMCS

The National Ambulatory Medical Care Survey (NAMCS) produces statistics that are representative of people in the United States who visit office-based physicians. The survey provides information on office visits by physician practice characteristics, patient characteristics, and visit characteristics.

PSYCHIATRY

In 2015–2016, there were an estimated 38 million visits per year to nonfederally employed, office-based providers specializing in psychiatry in the United States.

CONTACT US

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301–458–4600
https://www.cdc.gov/nchs/ahcd/namcs_participant.htm
ambcare@cdc.gov

PROVIDER-ASSESSED MAJOR REASON FOR VISIT

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHRONIC PROBLEM, ROUTINE</td>
<td>70.1%</td>
</tr>
<tr>
<td>NEW PROBLEM¹</td>
<td>10.1%</td>
</tr>
<tr>
<td>CHRONIC PROBLEM, FLARE-UP</td>
<td>7.7%</td>
</tr>
</tbody>
</table>

¹Onset less than 3 months.

NOTE: Major reason for visit is the broad category of the problem or symptom which, in the physician’s judgment, was most responsible for the patient making this visit.

PATIENTS’ TOP 4 PRINCIPAL REASONS FOR VISIT

- PROGRESS VISIT
- MEDICATION
- DEPRESSION
- ANXIETY AND NERVOUSNESS

NOTE: Principal reason for visit is based on the patient’s primary expressed reason for the visit, which is abstracted from the medical record and later coded into categories using an internal NCHS system.

TOP 3 SERVICES, ORDERED OR PROVIDED

- PSYCHOTHERAPY
- MENTAL HEALTH COUNSELING, EXCLUDING PSYCHOTHERAPY
- LIPID PROFILE

MEDICATIONS WERE PRESCRIBED OR CONTINUED AT 81.7% OF OFFICE VISITS.

TOP 5 ACTIVE INGREDIENTS

- BUPROPION
- CLONAZEPAM
- AMPHETAMINE-DEXTROAMPHETAMINE
- ESCITALOPRAM
- FLUOXETINE


- Under 25: 28.7%
- 25–44: 26.6%
- 45–64: 34.1%
- 65–74: 7.5%
- 75 and over: 3.0%

PRIMARY EXPECTED SOURCE OF PAYMENT

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRIVATE INSURANCE</td>
<td>47.9%</td>
</tr>
<tr>
<td>NO INSURANCE¹</td>
<td>26.7%</td>
</tr>
<tr>
<td>MEDICARE</td>
<td>11.9%</td>
</tr>
<tr>
<td>MEDICAID OR CHIP/SCHIP²</td>
<td>7.6%</td>
</tr>
<tr>
<td>OTHER³</td>
<td>1.1%</td>
</tr>
</tbody>
</table>

¹Having only self-pay, no charge, or charity as source of payment.
²CHIP is Children’s Health Insurance Program; SCHIP is State CHIP.
³Includes workers’ compensation and other sources of payment.
NATIONAL CENTER FOR HEALTH STATISTICS

Psychiatry Fact Sheet from the
National Ambulatory Medical Care Survey

NAMCS data are widely used in research studies appearing in nationally recognized medical journals. Here are a few recent publications using NAMCS data:


A complete list of publications using NAMCS data, which includes articles and reports, can be found at: https://www.cdc.gov/nchs/ahcd/ahcd_products.htm.