ABOUT NAMCS
The National Ambulatory Medical Care Survey (NAMCS) produces statistics that are representative of people in the United States who visit office-based physicians. The survey provides information on office visits by physician practice characteristics, patient characteristics, and visit characteristics.

GENERAL/FAMILY PRACTICE
In 2015–2016, there were an estimated 198 million visits per year to nonfederally employed, office-based providers specializing in general and family practice in the United States.

CONTACT US
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https://www.cdc.gov/nchs/ahcd/namcs_participant.htm
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PROVIDER-ASSESSED MAJOR REASON FOR VISIT
- NEW PROBLEM¹ 36.8%
- CHRONIC PROBLEM, ROUTINE 30.8%
- PREVENTIVE CARE 21.2%
- CHRONIC PROBLEM, FLARE-UP 6.4%
- PRESURGERY 1.2%
- POSTSURGERY 0.6%

¹Onset less than 3 months.

NOTE: Major reason for visit is the broad category of the problem or symptom which, in the physician’s judgment, was most responsible for the patient making this visit.

TOP 5 SERVICES, ORDERED OR PROVIDED
- LIPID PROFILE
- COMPLETE BLOOD COUNT (CBC)
- DIET OR NUTRITION COUNSELING
- COMPREHENSIVE METABOLIC PANEL (CMP)
- SKIN EXAMINATION

PATIENTS’ TOP 5 PRINCIPAL REASONS FOR VISIT
- PROGRESS VISIT
- GENERAL MEDICAL EXAMINATION
- MEDICATION
- HYPERTENSION
- DIABETES MELLITUS

NOTE: Principal reason for visit is based on the patient’s primary expressed reason for the visit, which is abstracted from the medical record and later coded into categories using an internal NCHS system.


<table>
<thead>
<tr>
<th>AGE GROUP (YEARS)</th>
<th>PERCENT OF VISITS</th>
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</thead>
<tbody>
<tr>
<td>Under 15</td>
<td>6.8%</td>
</tr>
<tr>
<td>15–24</td>
<td>6.5%</td>
</tr>
<tr>
<td>25–44</td>
<td>21.5%</td>
</tr>
<tr>
<td>45–64</td>
<td>37.1%</td>
</tr>
<tr>
<td>65–74</td>
<td>16.4%</td>
</tr>
<tr>
<td>75 and over</td>
<td>11.7%</td>
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</tbody>
</table>

PRIMARY EXPECTED SOURCE OF PAYMENT
- NO INSURANCE² 2.6%
- BLANK OR UNKNOWN 2.6%
- PRIVATE INSURANCE 25.7%
- MEDICAID OR CHIP/SCHIP 11.6%
- OTHER³ 1.9%
- MEDICARE 47.4%

¹CHIP is Children’s Health Insurance Program; SCHIP is State CHIP.
²Having only self-pay, no charge, or charity as source of payment.
³Includes workers’ compensation and other sources of payment.
NOTE: Percentages may not add to 100 due to rounding.

MEDICATIONS WERE PRESCRIBED OR CONTINUED AT 84.7% OF OFFICE VISITS.

TOP 5 ACTIVE INGREDIENTS
- ASPIRIN
- ALBUTEROL
- LISINOPRIL
- ATORVASTATIN
- OMEPRAZOLE

NOTE: Percentages may not add to 100 due to rounding.
NAMCS data are widely used in research studies appearing in nationally recognized medical journals. Here are a few recent publications using NAMCS data:


A complete list of publications using NAMCS data, which includes articles and reports, can be found at: https://www.cdc.gov/nchs/ahcd/ahcd_products.htm.