

Data table for Figure 6. Overweight and obesity among adults aged 20 and over, by sex and grade of obesity: United States, 1999–2000 through 2015–2016

Excel and PowerPoint: https://www.cdc.gov/nchs/hus/contents2017.htm#Figure_006

Sex and grade of obesity	1999–2000	2001–2002	2003–2004	2005–2006	2007–2008	2009–2010	2011–2012	2013–2014	2015–2016
Men, 20 years and over					Percent				
Overweight but not obese	39.8	42.4	39.7	39.9	40.4	38.4	38.3	38.7	36.9
Obesity (all grades)	27.4	27.6	31.3	33.4	32.1	35.6	33.5	35.5	38.1
Grade 1 obesity	17.5	18.7	21.9	21.8	21.4	23.0	21.6	22.4	23.7
Grade 2 obesity	6.8	5.3	6.6	7.4	6.5	8.3	7.6	7.7	8.8
Grade 3 obesity	3.1	3.6	2.8	4.2	4.2	4.4	4.3	5.4	5.6
Women, 20 years and over									
Overweight but not obese	28.6	28.2	28.7	25.4	28.8	27.9	29.4	26.8	26.6
Obesity (all grades)	33.3	33.1	33.2	35.4	35.3	35.7	36.1	40.1	41.2
Grade 1 obesity	16.9	18.2	18.2	17.5	17.6	17.6	19.4	19.2	19.7
Grade 2 obesity	10.2	8.5	8.1	10.5	10.6	9.9	8.5	11.3	11.5
Grade 3 obesity	6.2	6.5	6.8	7.4	7.1	8.2	8.2	9.7	10.0
Men, 20 years and over					Standard error				
Overweight but not obese	1.3	1.3	1.5	1.3	1.4	1.1	1.5	1.1	1.5
Obesity (all grades)	1.5	1.0	1.4	2.0	1.4	1.8	1.4	1.0	2.3
Grade 1 obesity	0.9	0.7	1.1	1.3	0.9	1.2	1.1	1.2	1.7
Grade 2 obesity	0.8	0.7	0.6	0.9	0.5	0.9	0.7	0.4	0.7
Grade 3 obesity	0.6	0.6	0.4	0.5	0.4	0.3	0.9	0.7	0.7
Women, 20 years and over									
Overweight but not obese	1.6	1.7	1.2	1.3	1.2	1.3	1.6	0.8	1.0
Obesity (all grades)	1.7	1.6	1.7	1.5	1.1	0.9	1.6	1.3	1.5
Grade 1 obesity	1.0	1.4	1.3	0.7	0.8	0.8	1.2	0.7	1.0
Grade 2 obesity	0.7	0.7	0.7	0.8	0.7	0.6	0.6	0.6	0.8
Grade 3 obesity	0.7	0.7	0.9	0.8	0.5	0.5	0.7	0.9	0.6

NOTES: BMI is body mass index. Overweight but not obese ($25.0 \leq \text{BMI} \leq 29.9$), Obesity ($\text{BMI} \geq 30.0$), Grade 1 obesity ($30.0 \leq \text{BMI} \leq 34.9$), Grade 2 obesity ($35.0 \leq \text{BMI} \leq 39.9$), and Grade 3 obesity ($\text{BMI} \geq 40.0$). BMI is based on measured weight and height. Estimates exclude pregnant females. Age of the participant (in years) is at the time of screening. In *Health, United States*, the NHANES variable, Body Mass Index, is rounded to one decimal place and is used to assign persons to BMI categories. Estimates are age-adjusted to the year 2000 standard population using five age groups: 20–34 years, 35–44 years, 45–54 years, 55–64 years, and 65 years and over. Age-adjusted estimates in this table may differ from other age-adjusted estimates based on the same data and presented elsewhere if different age groups are used in the adjustment procedure. See [Appendix II](#), Age adjustment; Body mass index (BMI). Data are for the civilian noninstitutionalized population.

SOURCE: NCHS, National Health and Nutrition Examination Survey. See [Appendix I](#), National Health and Nutrition Examination Survey (NHANES).