

Table 9. Breastfeeding among mothers aged 15–44, by year of baby's birth and selected characteristics of mother: United States, 1986–1988 through 2011–2013

Excel and PDF versions (with more data years and standard errors when available): <http://www.cdc.gov/nchs/hus/contents2016.htm#009>.

[Data are based on household interviews of samples of women of childbearing age]

Maternal characteristic	1986–1988	1989–1991	1992–1994	1995–1998	1999–2001	2002–2004	2005–2007	2008–2010	2011–2013
Percent of babies breastfed									
Total	54.1	53.3	57.6	64.4	66.5	69.5	68.8	73.1	78.6
Age at baby's birth									
Under 20 years	28.4	34.7	41.0	49.5	47.3	60.0	50.7	64.5	68.6
20–24 years	48.2	44.3	50.0	55.9	59.3	61.4	64.3	64.0	72.3
25–29 years	58.2	56.4	57.4	68.1	63.5	71.1	70.6	75.0	79.8
30–44 years	68.6	66.0	70.2	72.8	80.0	77.1	76.2	80.4	82.9
Race and Hispanic origin ¹									
Not Hispanic or Latina:									
White only	59.1	58.4	61.7	66.5	68.7	73.8	72.3	73.1	78.3
Black or African American only	22.3	22.4	26.1	47.9	45.3	42.3	46.2	52.7	60.1
Hispanic or Latina	55.6	57.0	63.8	71.2	76.0	76.6	73.7	77.4	84.8
Education ²									
No high school diploma or GED	31.8	36.5	44.6	50.6	46.6	56.3	58.7	63.7	72.6
High school diploma or GED	47.4	45.5	51.1	55.9	61.6	61.2	55.4	64.9	71.0
Some college, no bachelor's degree	62.2	61.4	64.3	70.1	75.6	68.1	72.7	71.7	77.8
Bachelor's degree or higher	78.4	80.6	82.5	82.0	81.3	89.6	88.3	87.1	88.3
Geographic region ³									
Northeast	51.3	53.5	56.5	61.6	66.9	73.0	72.4	70.3	76.8
Midwest	52.3	49.6	51.7	61.7	61.9	66.0	66.2	68.2	74.6
South	44.6	43.6	48.6	58.1	60.9	62.2	62.6	69.2	74.9
West	71.4	69.5	77.3	78.1	78.9	83.3	79.0	84.6	89.0
Percent of babies breastfed 3 months or more									
Total	34.6	31.8	33.6	45.8	48.4	50.6	46.6	50.2	56.6
Age at baby's birth									
Under 20 years	18.5	*10.5	*11.7	30.0	30.0	37.6	26.6	35.5	38.4
20–24 years	26.1	24.1	25.1	36.6	41.8	38.0	38.6	37.6	43.8
25–29 years	36.9	32.3	35.6	46.3	43.7	50.2	49.0	54.8	58.3
30–44 years	50.1	46.8	46.7	57.5	62.4	63.9	56.3	59.6	65.6
Race and Hispanic origin ¹									
Not Hispanic or Latina:									
White only	37.7	35.2	36.6	47.8	49.7	54.5	49.5	48.4	57.8
Black or African American only	11.6	11.5	13.3	29.6	33.7	29.2	26.3	35.7	37.0
Hispanic or Latina	38.2	33.9	35.0	49.7	54.3	55.9	49.4	55.6	58.8
Education ²									
No high school diploma or GED	21.8	17.6	25.2	33.9	37.0	39.9	41.3	42.8	50.8
High school diploma or GED	28.2	28.0	27.4	36.9	43.1	41.9	36.8	44.4	45.1
Some college, no bachelor's degree	38.7	33.1	38.7	49.6	52.8	43.2	48.7	46.7	52.3
Bachelor's degree or higher	55.0	56.1	59.3	64.5	64.1	75.9	65.8	63.7	73.9
Geographic region ³									
Northeast	29.9	37.2	36.4	48.2	48.8	59.9	51.5	46.9	57.7
Midwest	30.3	31.5	30.1	42.0	42.8	46.8	41.6	42.1	50.8
South	27.7	20.1	26.2	38.9	44.4	42.7	40.5	45.6	51.8
West	52.4	42.9	45.3	58.2	59.2	62.6	57.8	66.0	68.5

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error of 20%–30%.

¹ Starting with 1995 data, race-specific estimates are tabulated according to 1997 *Revisions to the Standards for the Classification of Federal Data on Race and Ethnicity* and are not strictly comparable with estimates for earlier years. Starting with 1995 data, race-specific estimates are for persons who reported only one racial group. Prior to data year 1995, data were tabulated according to the 1977 Standards. Estimates for single race categories prior to 1995 included persons who reported one race or, if they reported more than one race, identified one race as best representing their race. See Appendix II, Race.

² Educational attainment is presented only for women aged 22–44. Education is as of date of interview. GED is General Educational Development high school equivalency diploma. See Appendix II, Education.

³ See Appendix II, Geographic region.

NOTES: Data are based on single births to mothers aged 15–44 at interview, including those births that occurred when the mothers were younger than age 15. Data on breastfeeding for babies born in 1986–1994 are based on women interviewed for the 1995 National Survey of Family Growth (NSFG), also known as Cycle 5. Data for babies born in 1995–2001 are based on women interviewed for the 2002 NSFG, also known as Cycle 6. Data for babies born in 2002–2004 and 2005–2007 are based on women interviewed for the 2006–2010 NSFG, conducted after NSFG's transition from periodic to continuous interviewing. Data for babies born in 2008–2010 and 2011–2013 are based on women interviewed for the 2011–2015 NSFG. Data for babies born in 2008–2010 have been revised and differ from previous editions of *Health, United States*. Standard errors are available in the spreadsheet version of this table. Available from: <http://www.cdc.gov/nchs/hus.htm>.

SOURCE: NCHS, National Survey of Family Growth. See Appendix I, National Survey of Family Growth (NSFG).