

Data table for Figure 14. Overweight and obesity among adults 20 years of age and over, by sex: United States, 1988–1994 to 2007–2008

<i>Sex and obesity/overweight</i>	<i>1988–1994</i>	<i>1999–2000</i>	<i>2001–2002</i>	<i>2003–2004</i>	<i>2005–2006</i>	<i>2007–2008</i>
20 years and over, age-adjusted						
Percent						
Total:						
Grade 2+ obesity	8.1	13.2	12.1	12.2	14.8	14.3
Grade 1 obesity	14.8	17.3	18.5	19.9	19.6	19.5
Overweight (not including obese)	33.0	34.0	35.1	34.1	32.6	34.2
Men:						
Grade 2+ obesity	5.3	9.8	9.0	9.4	11.6	10.7
Grade 1 obesity	14.9	17.7	18.8	21.7	21.8	21.5
Overweight (not including obese)	40.5	39.7	42.2	39.7	39.9	40.0
Women:						
Grade 2+ obesity	10.7	16.5	15.0	15.0	18.0	17.8
Grade 1 obesity	14.7	16.9	18.3	18.1	17.4	17.6
Overweight (not including obese)	25.8	28.6	28.2	28.6	25.5	28.6
20 years and over, crude						
Total:						
Grade 2+ obesity	8.0	13.1	12.1	12.3	15.0	14.3
Grade 1 obesity	14.4	17.2	18.5	20.0	19.7	19.6
Overweight (not including obese)	32.6	33.9	35.0	34.2	32.6	34.4
Men:						
Grade 2+ obesity	5.3	9.7	9.1	9.4	11.7	10.7
Grade 1 obesity	14.3	17.5	18.7	21.8	21.8	21.5
Overweight (not including obese)	39.9	39.4	42.2	39.7	39.8	40.1
Women:						
Grade 2+ obesity	10.5	16.4	15.0	15.1	18.1	17.7
Grade 1 obesity	14.5	16.9	18.3	18.3	17.6	17.8
Overweight (not including obese)	25.7	28.6	28.1	29.0	25.7	28.9
20 years and over, age-adjusted						
Standard error						
Total:						
Grade 2+ obesity	0.5	0.9	0.9	0.7	1.0	0.8
Grade 1 obesity	0.4	0.8	0.8	0.8	0.7	0.6
Overweight (not including obese)	0.6	1.0	1.2	1.1	0.8	0.8
Men:						
Grade 2+ obesity	0.5	1.1	1.2	0.5	1.0	0.8
Grade 1 obesity	0.7	1.0	0.8	1.1	1.4	0.9
Overweight (not including obese)	0.8	1.4	1.4	1.5	1.3	1.4
Women:						
Grade 2+ obesity	0.7	1.2	1.0	1.1	1.3	1.0
Grade 1 obesity	0.6	1.0	1.3	1.3	0.6	0.8
Overweight (not including obese)	0.7	1.6	1.7	1.2	1.2	1.2
20 years and over, crude						
Total:						
Grade 2+ obesity	0.5	0.9	0.9	0.7	1.0	0.8
Grade 1 obesity	0.4	0.8	0.8	0.8	0.7	0.6
Overweight (not including obese)	0.6	1.0	1.2	1.1	0.8	0.7
Men:						
Grade 2+ obesity	0.5	1.1	1.3	0.5	1.1	0.8
Grade 1 obesity	0.6	1.0	0.8	1.1	1.5	0.9
Overweight (not including obese)	0.8	1.4	1.4	1.4	1.3	1.3
Women:						
Grade 2+ obesity	0.7	1.2	1.0	1.0	1.3	0.9
Grade 1 obesity	0.6	1.0	1.3	1.3	0.6	0.8
Overweight (not including obese)	0.7	1.6	1.7	1.2	1.3	1.2

NOTES: Data are for the civilian noninstitutionalized population. Overweight (not including obese) is defined as a body mass index (BMI) equal to or greater than 25 but less than 30. Grade 1 obesity is defined as a BMI equal to or greater than 30 but less than 35, and Grade 2+ obesity is defined as a BMI of 35 or greater. Pregnant women 18 years of age and over were excluded in all years. See Appendix II, Body mass index (BMI). Estimates are age-adjusted to the year 2000 standard population using three age groups: 20–39 years, 40–59 years, and 60 years and over. See Appendix II, Age adjustment; Table 71.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey.

References (continued from page 23)

- World Cancer Research Fund/American Institute for Cancer Research (AICR). Food, nutrition, physical activity, and the prevention of cancer: A global perspective. Washington, DC: AICR; 2007.
- Flegal KM, Carroll MD, Ogden CL, Curtin LR. Prevalence and trends in obesity among US adults, 1999–2008. JAMA 2010; 303(3):235–41.