

Table 72 (page 1 of 2). Obesity among children and adolescents 2–19 years of age, by selected characteristics: United States, selected years 1963–1965 through 2005–2008

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

<i>Sex, age, race and Hispanic origin¹, and percent of poverty level</i>	<i>1963–1965 1966–1970²</i>	<i>1971–1974</i>	<i>1976–1980³</i>	<i>1988–1994</i>	<i>1999–2002</i>	<i>2005–2008</i>
2–5 years of age			Percent of population			
Both sexes ⁴	---	---	---	7.2	10.3	10.7
Not Hispanic or Latino:						
White only	---	---	---	5.2	8.7	9.4
Black or African American only	---	---	---	7.7	8.8	14.0
Mexican	---	---	---	12.3	13.1	14.1
Boys	---	---	---	6.1	10.0	10.2
Not Hispanic or Latino:						
White only	---	---	---	*4.5	*8.2	*7.8
Black or African American only	---	---	---	7.7	*8.0	13.8
Mexican	---	---	---	12.4	14.1	17.3
Girls	---	---	---	8.2	10.6	11.1
Not Hispanic or Latina:						
White only	---	---	---	5.9	*9.0	11.3
Black or African American only	---	---	---	7.6	9.6	14.2
Mexican	---	---	---	12.3	*12.2	10.7
Percent of poverty level: ⁵						
Below 100%	---	---	---	9.7	10.9	12.5
100%–199%	---	---	---	7.2	*13.8	10.8
200%–399%	---	---	---	5.6	*7.6	11.5
400% or more	---	---	---	*	*	*
6–11 years of age			Percent of population			
Both sexes ⁴	4.2	4.0	6.5	11.3	15.9	17.4
Boys	4.0	*4.3	6.6	11.6	16.9	18.7
Not Hispanic or Latino:						
White only	---	---	6.1	10.7	14.0	16.5
Black or African American only	---	---	6.8	12.3	17.0	18.7
Mexican	---	---	13.3	17.5	26.5	28.4
Girls	4.5	*3.6	6.4	11.0	14.7	16.0
Not Hispanic or Latina:						
White only	---	---	5.2	*9.8	13.1	14.5
Black or African American only	---	---	11.2	17.0	22.8	21.3
Mexican	---	---	9.8	15.3	17.1	21.2
Percent of poverty level: ⁵						
Below 100%	---	---	---	11.4	19.1	21.5
100%–199%	---	---	---	11.1	16.4	22.2
200%–399%	---	---	---	11.7	15.3	16.8
400% or more	---	---	---	*8.3	12.9	*9.5
12–19 years of age			Percent of population			
Both sexes ⁴	4.6	6.1	5.0	10.5	16.0	17.9
Boys	4.5	6.1	4.8	11.3	16.7	18.7
Not Hispanic or Latino:						
White only	---	---	3.8	11.6	14.6	16.1
Black or African American only	---	---	6.1	10.7	18.8	19.1
Mexican	---	---	7.7	14.1	24.7	26.2
Girls	4.7	6.2	5.3	9.7	15.3	17.0
Not Hispanic or Latina:						
White only	---	---	4.6	8.9	12.6	14.0
Black or African American only	---	---	10.7	16.3	23.5	29.5
Mexican	---	---	8.8	*13.4	19.6	21.3
Percent of poverty level: ⁵						
Below 100%	---	---	---	15.8	19.8	23.1
100%–199%	---	---	---	11.2	15.1	19.8
200%–399%	---	---	---	9.4	15.7	17.2
400% or more	---	---	---	2.7	13.9	14.0

See footnotes at end of table.

Table 72 (page 2 of 2). Obesity among children and adolescents 2–19 years of age, by selected characteristics: United States, selected years 1963–1965 through 2005–2008

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

--- Data not available.

* Estimates are considered unreliable. Data preceded by an asterisk have a relative standard error of 20%–30%. Data not shown have an RSE greater than 30%.

¹Persons of Mexican origin may be of any race. Starting with 1999 data, race-specific estimates are tabulated according to the 1997 Revisions to the Standards for the Classification of Federal Data on Race and Ethnicity and are not strictly comparable with estimates for earlier years. The two non-Hispanic race categories shown in the table conform to the 1997 Standards. Starting with 1999 data, race-specific estimates are for persons who reported only one racial group. Prior to data year 1999, estimates were tabulated according to the 1977 Standards. Estimates for single-race categories prior to 1999 included persons who reported one race or, if they reported more than one race, identified one race as best representing their race. See [Appendix II, Hispanic origin; Race](#).

²Data for 1963–1965 are for children 6–11 years of age; data for 1966–1970 are for adolescents 12–17 years of age, not 12–19 years.

³Data for Mexicans are for 1982–1984. See [Appendix I, National Health and Nutrition Examination Survey \(NHANES\)](#).

⁴Includes persons of all races and Hispanic origins, not just those shown separately.

⁵Percent of poverty level is based on family income and family size. Persons with unknown percent of poverty level are excluded (5% in 2005–2008). See [Appendix II, Family income; Poverty](#).

NOTES: Obesity is defined as body mass index (BMI) at or above the sex- and age-specific 95th percentile BMI cutoff points from the 2000 CDC Growth Charts: United States. Kuczmarski RJ, Ogden CL, Guo SS, Grummer-Strawn LM, Flegal KM, Mei Z, Wei R, Curtin LR, Roche AF, Johnson CL. 2000 CDC Growth Charts for the United States: methods and development. *Vital Health Stat 11*. 2002 May;(246):1–190. Available at: http://www.cdc.gov/nchs/data/series/sr_11/sr11_246.pdf. Starting with *Health United States, 2010*, the terminology describing weight for height among children changed from prior editions. The term “obesity” now refers to children who were formerly labeled as overweight. This is a change in terminology only and not measurement; the previous definition of overweight is now the definition of obesity. Ogden CL, Flegal KM. Changes in terminology for childhood overweight and obesity. *National health statistics report*; no. 25. Hyattsville, MD: NCHS; 2010. Available from: <http://www.cdc.gov/nchs/data/nhsr/nhsr025.pdf>. Age is at time of examination at the mobile examination center. Crude rates, not age-adjusted rates, are shown. Excludes pregnant females starting with 1971–1974. Pregnancy status not available for 1963–1965 and 1966–1970. Standard errors for selected years are available in the spreadsheet version of this table. Available from: <http://www.cdc.gov/nchs/hsr.htm>. Data for additional years are available. See [Appendix III](#).

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, Hispanic Health and Nutrition Examination Survey (1982–1984), and National Health Examination Survey (1963–1965 and 1966–1970). Available from: <http://www.cdc.gov/nchs/data/nhsr/nhsr025.pdf>.