### Appendix E. Leading Health Indicators

<table>
<thead>
<tr>
<th>Objective Number</th>
<th>Leading Health Indicator Objective</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-1</td>
<td>Increase the proportion of persons with health insurance.</td>
</tr>
<tr>
<td>1-4a</td>
<td>Increase the proportion of persons of all ages who have a specific source of ongoing care.</td>
</tr>
<tr>
<td>8-1a</td>
<td>Reduce the proportion of persons exposed to air that does not meet the U.S. Environmental Protection Agency’s health-based standards for ozone.</td>
</tr>
<tr>
<td>13-6a</td>
<td>Increase the proportion of sexually active females aged 18 to 44 years whose partners use condoms.</td>
</tr>
<tr>
<td>13-6b</td>
<td>Increase the proportion of sexually active males aged 18 to 44 years who use condoms.</td>
</tr>
<tr>
<td>14-24a</td>
<td>Increase the proportion of children aged 19 to 35 months who receive all vaccines that have been recommended for universal administration for at least 5 years (4 DTaP, 3 polio, 1 MMR, 3 Hib, 3 hepatitis B).</td>
</tr>
<tr>
<td>14-24b</td>
<td>Increase the proportion of adolescents aged 13 to 15 years who receive all the vaccines that have been recommended for universal administration for at least 5 years.</td>
</tr>
<tr>
<td>14-29a</td>
<td>Increase the proportion of noninstitutionalized adults aged 65 years and older who are vaccinated annually against influenza.</td>
</tr>
<tr>
<td>14-29b</td>
<td>Increase the proportion of noninstitutionalized adults aged 65 years and older who were ever vaccinated against pneumococcal disease.</td>
</tr>
<tr>
<td>15-15a</td>
<td>Reduce the number of deaths per 100,000 population caused by motor vehicle crashes.</td>
</tr>
<tr>
<td>15-32</td>
<td>Reduce homicides.</td>
</tr>
<tr>
<td>16-6a</td>
<td>Increase the proportion of pregnant women who receive early and adequate prenatal care beginning in the first trimester of pregnancy.</td>
</tr>
<tr>
<td>18-9b</td>
<td>Increase the proportion of adults aged 18 and older with recognized depression who receive treatment.</td>
</tr>
<tr>
<td>19-2</td>
<td>Reduce the proportion of adults who are obese.</td>
</tr>
<tr>
<td>19-3c</td>
<td>Reduce the proportion of children and adolescents aged 6 to 19 years who are obese.</td>
</tr>
<tr>
<td>22-2</td>
<td>Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes per day 5 or more days per week or vigorous physical activity for at least 20 minutes per day 3 or more days per week.</td>
</tr>
<tr>
<td>22-7</td>
<td>Increase the proportion of adolescents who engage in vigorous physical activity that promotes cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion.</td>
</tr>
<tr>
<td>25-11a</td>
<td>Increase the proportion of adolescents who have never had sexual intercourse.</td>
</tr>
<tr>
<td>Objective Number</td>
<td>Leading Health Indicator Objective</td>
</tr>
<tr>
<td>------------------</td>
<td>-----------------------------------</td>
</tr>
<tr>
<td>25-11b</td>
<td>Increase the proportion of sexually experienced adolescents who are not currently sexually active.</td>
</tr>
<tr>
<td>25-11c</td>
<td>Increase the proportion of currently sexually active adolescents who used a condom the last time they had sexual intercourse.</td>
</tr>
<tr>
<td>26-10a</td>
<td>Increase the proportion of adolescents not using alcohol or any illicit drugs during the past 30 days.</td>
</tr>
<tr>
<td>26-10c</td>
<td>Reduce the proportion of adults using any illicit drug during the past 30 days.</td>
</tr>
<tr>
<td>26-11c</td>
<td>Reduce the proportion of adults aged 18 years and older engaging in binge drinking of alcoholic beverages.</td>
</tr>
<tr>
<td>27-1a</td>
<td>Reduce cigarette smoking by adults.</td>
</tr>
<tr>
<td>27-2b</td>
<td>Reduce cigarette smoking by adolescents (past month).</td>
</tr>
<tr>
<td>27-10</td>
<td>Reduce the proportion of nonsmokers exposed to environmental tobacco smoke.</td>
</tr>
</tbody>
</table>