

Percent of U.S. adults who were overweight (including obese) (BMI \geq 25) and percent who were obese (BMI \geq 30), by selected characteristics, 1997

Characteristic	%	Overweight (BMI \geq 25)(1)		%	Obese (BMI \geq 30)(1)	
		95% confidence interval Lower	Upper		95% confidence interval Lower	Upper
Sex and age						
Both sexes						
All ages (age-adjusted)(2)	54.3	53.7	54.9	19.1	18.6	19.6
All ages (unadjusted)(2)	54.1	53.5	54.7	19.0	18.5	19.5
18-24 years	37.4	35.4	39.4	13.0	11.6	14.4
25-44 years	53.3	52.4	54.2	18.7	18.0	19.4
45-64 years	62.7	61.5	63.9	23.8	22.8	24.8
65 years and over	54.5	53.1	55.9	16.5	15.5	17.5
Men						
All ages (age-adjusted)(2)	62.3	61.4	63.2	18.8	18.1	19.5
All ages (unadjusted)(2)	62.2	61.3	63.1	18.9	18.1	19.7
18-24 years	41.5	38.6	44.4	13.9	11.8	16.0
25-44 years	63.7	62.4	65.0	19.2	18.1	20.3
45-64 years	70.7	69.1	72.3	23.0	21.6	24.4
65 years and over	59.8	57.7	61.9	14.4	12.9	15.9
Women						
All ages (age-adjusted)(2)	46.6	45.8	47.4	19.3	18.6	20.0
All ages (unadjusted)(2)	46.4	45.6	47.2	19.2	18.6	19.8
18-24 years	33.3	30.8	35.8	12.1	10.4	13.8
25-44 years	42.9	41.7	44.1	18.2	17.2	19.2
45-64 years	55.0	53.4	56.6	24.6	23.2	26.0
65 years and over	50.5	48.8	52.2	18.0	16.7	19.3
Race and ethnicity						
Both sexes						
Hispanic	61.0	59.4	62.6	20.5	19.2	21.8
White, Non-Hispanic	52.6	51.8	53.4	18.0	17.4	18.6
Black, Non-Hispanic	64.4	62.8	66.0	28.6	27.2	30.0
Asian/Pacific Islander, Non-Hispanic	29.8	25.9	33.7	6.0	4.0	8.0

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		95% confidence interval Lower	Upper		95% confidence interval Lower	Upper
Men						
Hispanic	64.7	62.3	67.1	19.5	17.5	21.5
White, Non-Hispanic	62.4	61.3	63.5	18.6	17.7	19.5
Black, Non-Hispanic	64.1	61.5	66.7	22.7	20.4	25.0
Asian/Pacific Islander, Non-Hispanic	35.2	29.1	41.3	5.8	3.1	8.5
Women						
Hispanic	56.8	54.6	59.0	21.2	19.4	23.0
White, Non-Hispanic	43.0	42.0	44.0	17.3	16.5	18.1
Black, Non-Hispanic	64.5	62.4	66.6	33.2	31.3	35.1
Asian/Pacific Islander, Non-Hispanic	25.2	20.3	30.1	5.9	3.1	8.7
Education						
Both sexes						
Fewer than 9 grades	61.8	59.3	64.3	24.1	22.0	26.2
Grades 9 - 11	59.0	57.3	60.7	24.3	22.8	25.8
GED	60.1	56.5	63.7	23.8	20.5	27.1
High school graduate	56.6	55.4	57.8	20.8	19.8	21.8
Some college - no degree	54.9	53.5	56.3	19.1	18.0	20.2
Associate of Arts - Technical	56.6	54.0	59.2	20.3	18.1	22.5
Associate of Arts - Academic	55.2	51.5	58.9	18.8	16.1	21.5
Bachelor of Arts or Science	46.8	45.1	48.5	12.9	11.7	14.1
Graduate degree (MA, PhD, MD, etc.)	42.5	39.4	45.6	10.5	9.2	11.8
Men						
Fewer than 9 grades	62.7	59.3	66.1	21.7	18.9	24.5
Grades 9 - 11	61.1	58.6	63.6	21.7	19.5	23.9
GED	61.8	56.8	66.8	23.3	18.6	28.0
High school graduate	65.1	63.4	66.8	20.8	19.3	22.3
Some college - no degree	65.8	63.8	67.8	19.7	18.1	21.3
Associate of Arts - Technical	66.6	62.6	70.6	21.5	17.9	25.1
Associate of Arts - Academic	69.0	63.6	74.4	19.7	15.6	23.8
Bachelor of Arts or Science	57.6	55.0	60.2	14.1	12.1	16.1
Graduate degree (MA, PhD, MD, etc.)	53.7	48.5	58.9	11.0	9.3	12.7

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		95% confidence interval Lower	Upper		95% confidence interval Lower	Upper
Women						
Fewer than 9 grades	60.6	56.9	64.3	26.6	23.7	29.5
Grades 9 - 11	57.2	55.0	59.4	26.4	24.3	28.5
GED	58.1	53.1	63.1	24.1	19.8	28.4
High school graduate	49.1	47.6	50.6	20.7	19.5	21.9
Some college - no degree	44.7	42.9	46.5	18.5	17.0	20.0
Associate of Arts - Technical	47.9	44.8	51.0	19.4	16.7	22.1
Associate of Arts - Academic	45.3	40.6	50.0	17.9	14.4	21.4
Bachelor of Arts or Science	35.9	33.7	38.1	11.8	10.4	13.2
Graduate degree (MA, PhD, MD, etc.)	29.2	26.1	32.3	10.0	8.2	11.8

1. Body Mass Index (BMI)= weight/height ², where weight is in kilograms and height in meters.
 2. Age-specific rates are unadjusted; all other estimates were adjusted to the 2000 Projected Population.
- Data source: CDC/NCHS, National Health Interview Survey, 1997