

**Table 1. Frequency distributions of number of limitation in activities of daily living (ADLs) by age: United States, 2003-2007**

Age	Total	Limitation in activities of daily living (ADL) <sup>1</sup>			
		None	1	2	3+
		Number in thousands <sup>2</sup>			
18+ years	217,887	214,439	802	720	1,891
18-44 years	110,531	110,045	93	111	276
18-24 years	28,304	28,182	27	24	70
25-34 years	39,194	39,050	29	32	81
35-44 years	43,033	42,813	37	55	125
45-54 years	42,091	41,657	98	107	228
55-64 years	30,133	29,641	121	96	272
65+ years	35,132	33,097	490	406	1,116
65-74 years	18,613	18,060	130	119	299
75-84 years	12,625	11,846	179	154	439
85+ years	3,894	3,191	181	133	378

<sup>1</sup>Activities of daily living (ADLs) include needing the help of other persons with bathing or showering, dressing, eating, getting in or out of bed or chairs, using the toilet, including getting to the toilet, and getting around inside the home.

<sup>2</sup>Unknowns for the columns are not included in the frequencies, but they are included in the "Total" column.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

**Table 2. Percent distributions of number of limitation in activities of daily living (ADLs) by age: United States, 2003-2007**

Age	Total	Limitation in activities of daily living (ADL) <sup>1</sup>			
		None	1	2	3+
		Percent distribution (standard error) <sup>2</sup>			
18+ years	100.0	98.4 (0.03)	0.4 (0.01)	0.3 (0.01)	0.9 (0.02)
18-44 years	100.0	99.6 (0.02)	0.1 (0.01)	0.1 (0.01)	0.2 (0.01)
18-24 years	100.0	99.6 (0.04)	0.1 (0.02)	0.1 (0.02)	0.2 (0.03)
25-34 years	100.0	99.6 (0.03)	0.1 (0.01)	0.1 (0.01)	0.2 (0.02)
35-44 years	100.0	99.5 (0.03)	0.1 (0.01)	0.1 (0.02)	0.3 (0.02)
45-54 years	100.0	99.0 (0.05)	0.2 (0.03)	0.3 (0.02)	0.5 (0.03)
55-64 years	100.0	98.4 (0.07)	0.4 (0.03)	0.3 (0.03)	0.9 (0.05)
65+ years	100.0	94.3 (0.13)	1.4 (0.06)	1.2 (0.05)	3.2 (0.09)
65-74 years	100.0	97.1 (0.11)	0.7 (0.05)	0.6 (0.05)	1.6 (0.08)
75-84 years	100.0	93.9 (0.21)	1.4 (0.10)	1.2 (0.09)	3.5 (0.16)
85+ years	100.0	82.2 (0.62)	4.7 (0.33)	3.4 (0.28)	9.7 (0.49)

<sup>1</sup>Activities of daily living (ADLs) include needing the help of other persons with bathing or showering, dressing, eating, getting in or out of bed or chairs, using the toilet, including getting to the toilet, and getting around inside the home.

<sup>2</sup>Unknowns for the columns were not included in the denominators when calculating percentages.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

**Table 3. Frequency distributions of number of limitation in activities of daily living (ADLs) by age: United States, 2003-2007**

Age	Total	Limitation in activities of daily living (ADL) <sup>1</sup>		
		None	1	2+
		Number in thousands <sup>2</sup>		
18+ years	217,887	214,439	802	2,611
18-44 years	110,531	110,045	93	387
18-24 years	28,304	28,182	27	94
25-34 years	39,194	39,050	29	113
35-44 years	43,033	42,813	37	180
45-54 years	42,091	41,657	98	335
55-64 years	30,133	29,641	121	367
65+ years	35,132	33,097	490	1,522
65-74 years	18,613	18,060	130	418
75-84 years	12,625	11,846	179	593
85+ years	3,894	3,191	181	512

<sup>1</sup>Activities of daily living (ADLs) include needing the help of other persons with bathing or showering, dressing, eating, getting in or out of bed or chairs, using the toilet, including getting to the toilet, and getting around inside the home.

<sup>2</sup>Unknowns for the columns are not included in the frequencies, but they are included in the "Total" column.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

**Table 4. Percent distributions of number of limitation in activities of daily living (ADLs) by age: United States, 2003-2007**

Age	Total	Limitation in activities of daily living (ADL) <sup>1</sup>		
		None	1	2+
		Percent distribution (standard error) <sup>2</sup>		
18+ years	100.0	98.4 (0.03)	0.4 (0.01)	1.2 (0.02)
18-44 years	100.0	99.6 (0.02)	0.1 (0.01)	0.4 (0.02)
18-24 years	100.0	99.6 (0.04)	0.1 (0.02)	0.3 (0.03)
25-34 years	100.0	99.6 (0.03)	0.1 (0.01)	0.3 (0.02)
35-44 years	100.0	99.5 (0.03)	0.1 (0.01)	0.4 (0.03)
45-54 years	100.0	99.0 (0.05)	0.2 (0.03)	0.8 (0.04)
55-64 years	100.0	98.4 (0.07)	0.4 (0.03)	1.2 (0.06)
65+ years	100.0	94.3 (0.13)	1.4 (0.06)	4.3 (0.11)
65-74 years	100.0	97.1 (0.11)	0.7 (0.05)	2.2 (0.10)
75-84 years	100.0	93.9 (0.21)	1.4 (0.10)	4.7 (0.18)
85+ years	100.0	82.2 (0.62)	4.7 (0.33)	13.2 (0.55)

<sup>1</sup>Activities of daily living (ADLs) include needing the help of other persons with bathing or showering, dressing, eating, getting in or out of bed or chairs, using the toilet, including getting to the toilet, and getting around inside the home.

<sup>2</sup>Unknowns for the columns were not included in the denominators when calculating percentages.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

**Table 5. Frequency distributions of limitation in instrumental activities of daily living (IADLs) by age: United States, 2003-2007**

Age	Total	Limitation in instrumental activities of daily living (IADLs) <sup>1</sup>	
		Yes	No
		Number in thousands <sup>2</sup>	
18+ years	217,887	7,908	209,920
18-44 years	110,531	1,237	109,274
18-24 years	28,304	244	28,056
25-34 years	39,194	374	38,815
35-44 years	43,033	619	42,403
45-54 years	42,091	1,128	40,948
55-64 years	30,133	1,274	28,851
65+ years	35,132	4,270	30,847
65-74 years	18,613	1,159	17,449
75-84 years	12,625	1,737	10,880
85+ years	3,894	1,374	2,517

<sup>1</sup>Instrumental activities of daily living (IADLs) include everyday household chores, doing necessary business, shopping, or getting around for other purposes.

<sup>2</sup>Unknowns for the columns are not included in the frequencies, but they are included in the "Total" column.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.

**Table 6. Percent distributions of limitation in instrumental activities of daily living (IADLs) by age: United States, 2003-2007**

Age	Total	Limitation in instrumental activities of daily living (IADLs) <sup>1</sup>	
		Yes	No
		Percent distribution (standard error) <sup>2</sup>	
18+ years	100.0	3.6 (0.05)	96.4 (0.05)
18-44 years	100.0	1.1 (0.03)	98.9 (0.03)
18-24 years	100.0	0.9 (0.05)	99.1 (0.05)
25-34 years	100.0	1.0 (0.05)	99.0 (0.05)
35-44 years	100.0	1.4 (0.06)	98.6 (0.06)
45-54 years	100.0	2.7 (0.08)	97.3 (0.08)
55-64 years	100.0	4.2 (0.12)	95.8 (0.12)
65+ years	100.0	12.2 (0.21)	87.8 (0.21)
65-74 years	100.0	6.2 (0.18)	93.8 (0.18)
75-84 years	100.0	13.8 (0.31)	86.2 (0.31)
85+ years	100.0	35.3 (0.81)	64.7 (0.81)

<sup>1</sup>Instrumental activities of daily living (IADLs) include everyday household chores, doing necessary business, shopping, or getting around for other purposes.

<sup>2</sup>Unknowns for the columns were not included in the denominators when calculating percentages.

NOTE: National Health Interview Survey, 2003-2007. Estimates are based on household interviews of a sample of the civilian noninstitutionalized population.