

Data Brief 360. Prevalence of Obesity and Severe Obesity Among Adults: United States, 2017–2018

Data table for Figure 1. Prevalence of obesity among adults aged 20 and over, by sex and age: United States, 2017–2018

Sex	Age group			
	20 and over	20–39	40–59	60 and over
	Percent (standard error)			
Total	42.4 (1.8)	40.0 (2.6)	44.8 (1.9)	42.8 (2.5)
Men	43.0 (2.7)	40.3 (3.8)	46.4 (3.2)	42.2 (3.3)
Women	41.9 (2.0)	39.7 (2.7)	43.3 (2.7)	43.3 (3.0)

NOTES: Estimates for adults aged 20 and over were age adjusted by the direct method to the 2000 U.S. Census population using the age groups 20–39, 40–59, and 60 and over. Crude estimates are 42.5% for total, 43.0% for men, and 42.1% for women.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2017–2018.

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Data table for Figure 2. Age-adjusted prevalence of obesity among adults aged 20 and over, by sex and race and Hispanic origin: United States, 2017–2018

Sex	Non-Hispanic white	Non-Hispanic black	Non-Hispanic Asian	Hispanic
Percent (standard error)				
Total	42.2 (2.5)	49.6 (1.5)	17.4 (1.3)	44.8 (1.6)
Men	44.7 (3.7)	41.1 (2.2)	17.5 (2.1)	45.7 (1.8)
Women	39.8 (2.9)	56.9 (1.9)	17.2 (1.3)	43.7 (2.0)

NOTE: Estimates were age adjusted by the direct method to the 2000 U.S. Census population using the age groups 20–39, 40–59, and 60 and over.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2017–2018.

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Data table for Figure 3. Age-adjusted prevalence of severe obesity among adults aged 20 and over, by sex, age, and race and Hispanic origin: United States, 2017–2018

Characteristic	Percent (standard error)
Sex	
Total	9.2 (0.9)
Men	6.9 (1.0)
Women	11.5 (1.3)
Age	
20–39	9.1 (1.3)
40–59	11.5 (1.1)
60 and over	5.8 (0.7)
Race and Hispanic origin	
Non-Hispanic white	9.3 (1.1)
Non-Hispanic black	13.8 (1.3)
Non-Hispanic Asian	2.0 (0.4)
Hispanic	7.9 (1.0)

NOTES: Estimates for adults aged 20 and over were age adjusted by the direct method to the 2000 U.S. Census population using the age groups 20–39, 40–59, and 60 and over. Crude estimates are 9.0% for total, 6.8% for men, and 11.1% for women.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2017–2018.

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Data table for Figure 4. Trends in age-adjusted obesity and severe obesity prevalence among adults aged 20 and over: United States, 1999–2000 through 2017–2018

Characteristic	Survey years									
	1999–2000	2001–2002	2003–2004	2005–2006	2007–2008	2009–2010	2011–2012	2013–2014	2015–2016	2017–2018
	Percent (standard error)									
Obesity	30.5 (1.5)	30.5 (1.1)	32.2 (1.2)	34.3 (1.4)	33.7 (1.1)	35.7 (0.9)	34.9 (1.4)	37.7 (0.9)	39.6 (1.6)	42.4 (1.8)
Severe obesity	4.7 (0.6)	5.1 (0.5)	4.8 (0.6)	5.9 (0.5)	5.7 (0.4)	6.3 (0.2)	6.4 (0.6)	7.7 (0.7)	7.7 (0.6)	9.2 (0.9)

NOTES: Estimates were age adjusted by the direct method to the 2000 U.S. Census population using the age groups 20–39, 40–59, and 60 and over.

SOURCE: NCHS, National Health and Nutrition Examination Survey 1999–2018.