

**Data Brief 251: Health of Hispanic Adults: United States, 2010–2014**

**Data table for Figure 1. Age-adjusted percentage of adults aged 18 and over who were in fair or poor health, by ethnicity and Hispanic subgroup: United States, 2010–2014**

Ethnicity and Hispanic subgroup	Estimate (95% CI)	Standard error
Non-Hispanic U.S. population	11.9 (11.6–12.2)	0.14
All Hispanic	16.8 (16.2–17.4)	0.30
Central or South American	12.3 (11.1–13.6)	0.64
Cuban	14.7 (12.5–16.9)	1.11
Mexican	17.4 (16.6–18.2)	0.42
Puerto Rican	19.2 (17.5–20.9)	0.86

NOTES: CI is confidence interval. "Fair or poor health" indicates family respondents were asked to assess the health of all family members, specifically, whether their "health in general is excellent, very good, good, fair, or poor?"

SOURCE: NCHS, National Health Interview Survey, 2010–2014.

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**Data table for Figure 2. Age-adjusted percentage of adults aged 18 and over who had multiple chronic conditions, by ethnicity and Hispanic subgroup: United States, 2010–2014**

Ethnicity and Hispanic subgroup	Estimate (95% CI)	Standard error
Non-Hispanic U.S. population	24.6 (24.3–24.9)	0.16
All Hispanic	20.8 (20.2–21.4)	0.30
Central or South American	16.6 (15.3–17.9)	0.70
Cuban	18.6 (16.6–20.6)	1.00
Mexican	20.8 (20.0–21.6)	0.40
Puerto Rican	27.3 (25.5–29.2)	0.96

NOTES: CI is confidence interval. "Multiple chronic conditions" is based on a positive response to two or more of the separate survey questions that assess chronic conditions, including whether adults had ever been told by a doctor or other health professional that they had hypertension, coronary heart disease, stroke, diabetes, cancer, arthritis, hepatitis, or emphysema; had experienced weak or failing kidneys or chronic bronchitis during the past 12 months; or currently had asthma.

SOURCE: NCHS, National Health Interview Survey, 2010–2014.

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**Data table for Figure 3. Age-adjusted percentage of adults aged 18 and over who had serious psychological distress in the past 30 days, by ethnicity and Hispanic subgroup: United States, 2010–2014**

Ethnicity and Hispanic subgroup	Estimate (95% CI)	Standard error
Non-Hispanic U.S. population	3.2 (3.1–3.3)	0.07
All Hispanic	4.1 (3.8–4.4)	0.16
Central or South American	3.3 (2.6–4.0)	0.34
Cuban	3.7 (2.6–4.8)	0.57
Mexican	3.9 (3.5–4.3)	0.21
Puerto Rican	6.2 (5.2–7.2)	0.51

NOTES: CI is confidence interval. "Serious psychological distress" is based on responses from six separate survey questions about how often a respondent felt sad, nervous, restless, hopeless, that everything was an effort, and worthless during the past 30 days. The response codes (0–4) for each of the six items are summed to yield a scale with a 0–24 range. A value of 13 or more for this scale is used here to define serious psychological distress.

SOURCE: NCHS, National Health Interview Survey, 2010–2014.

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**Data table for Figure 4. Age-adjusted percentage of adults aged 18–64 who were unable to work due to health problems, by ethnicity and Hispanic subgroup: United States, 2010–2014**

Ethnicity and Hispanic subgroup	Estimate (95% CI)	Standard error
Non-Hispanic U.S. population	6.8 (6.6–7.1)	0.13
All Hispanic	5.2 (4.8–5.6)	0.19
Central or South American	2.9 (2.3–3.5)	0.32
Cuban	3.9 (2.7–5.1)	0.60
Mexican	4.8 (4.3–5.3)	0.25
Puerto Rican	11.4 (9.8–13.0)	0.81

NOTE: CI is confidence interval. "Unable to work" is based on the questions, "Does a physical, mental, or emotional problem now keep [family members aged 18 and over] from working at a job or business?" and for persons not kept from working, "Are [family members aged 18 and over] limited in the kind or amount of work they can do because of a physical, mental, or emotional problem?"

SOURCE: NCHS, National Health Interview Survey, 2010–2014.

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**Data table for Figure 5. Age-adjusted percentage of adults aged 18 and over who had a social participation restriction, by ethnicity and Hispanic subgroup: United States, 2010–2014**

Ethnicity and Hispanic subgroup	Estimate (95% CI)	Standard error
Non-Hispanic U.S. population	3.9 (3.8–4.0)	0.07
All Hispanic	4.4 (4.1–4.8)	0.18
Central or South American	3.1 (2.4–3.8)	0.38
Cuban	3.1 (2.2–4.0)	0.47
Mexican	4.7 (4.2–5.2)	0.25
Puerto Rican	6.3 (5.2–7.4)	0.54

NOTE: CI is confidence interval. Respondents who reported "very difficult" or "can't do at all" to either of the following survey questions were defined as having had social participation restriction: "By yourself, and without using any special equipment, how difficult is it for you to (a) go out to things like shopping, movies, or sporting events, and (b) participate in social activities such as visiting friends, attending clubs and meetings, or going to parties?"  
SOURCE: NCHS, National Health Interview Survey, 2010–2014.