

Data Brief 239: Current Asthma Prevalence by Weight Status Among Adults: United States, 2001–2014

Data table for Figure 1. Current asthma prevalence among adults aged 20 and over, by weight status and sex: United States, 2011–2014

Weight status	Total ¹	Men	Women
Percent (standard error)			
Normal weight	7.1 (0.6)	6.1 (0.9)	7.9 (0.9)
Overweight	7.8 (0.6)	6.7 (0.8)	9.1 (1.0)
Obese	² 11.1 (0.8)	7.1 (0.9)	^{2,3} 14.6 (1.0)

¹Overall current asthma prevalence among adults, including the underweight category that is not shown separately, was 8.8%.

²Significantly higher than normal weight and overweight categories ($p < 0.05$).

³Significantly higher than men ($p < 0.05$).

NOTES: Age-adjusted by the direct method to the 2000 U.S. Census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2014.

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Data table for Figure 2. Current asthma prevalence among adults aged 20 and over, by weight status and race and Hispanic origin: United States, 2011–2014

Weight status	Non-Hispanic white	Non-Hispanic black	Hispanic
	Percent (standard error)		
Normal weight	8.1 (0.9)	6.6 (1.1)	5.7 (1.2)
Overweight	8.9 (0.8)	7.5 (1.2)	4.0 (0.9)
Obese	¹ 10.9 (1.2)	^{1,2} 13.6 (1.3)	^{1,2} 9.6 (1.2)

¹Significantly higher than normal weight ($p < 0.05$).

²Significantly higher than overweight ($p < 0.05$).

NOTE: Age-adjusted by the direct method to the 2000 U.S. Census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2014.

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Data table for Figure 3. Current asthma prevalence among adults aged 20 and over, by weight status and age group: United States, 2011–2014

Weight status	20–39	40–59	60 and over
	Percent (standard error)		
Normal weight	7.5 (0.8)	6.8 (1.1)	7.0 (0.8)
Overweight	8.1 (0.9)	6.7 (0.9)	9.1 (1.3)
Obese	¹ 11.1 (1.1)	¹ 10.8 (1.2)	¹ 11.6 (1.4)

¹Significantly higher than normal weight and overweight adults in the same age group ($p < 0.05$).

NOTE: Age-adjusted by the direct method to the 2000 U.S. Census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2014.

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Data table for Figure 4. Current asthma prevalence among adults aged 20 and over, by weight status: United States, 2001–2014

Weight status	2001–2002	2003–2004	2005–2006	2007–2008	2009–2010	2011–2012	2013–2014
	Percent (standard error)						
Normal weight	6.6 (0.8)	6.1 (0.6)	6.2 (0.7)	5.8 (1.0)	5.7 (0.8)	7.5 (0.9)	6.8 (0.7)
Overweight ¹	5.6 (0.8)	6.4 (0.7)	6.0 (1.0)	6.7 (0.7)	5.8 (0.5)	7.3 (1.1)	8.4 (0.6)
Obese	9.5 (1.2)	10.0 (0.9)	11.9 (1.1)	10.6 (1.1)	9.8 (1.2)	10.6 (1.5)	11.5 (0.7)
Total ¹	7.1 (0.6)	7.5 (0.4)	8.1 (0.5)	7.8 (0.8)	7.1 (0.6)	8.4 (0.9)	9.2 (0.5)

¹Significantly increasing trend ($p < 0.05$).

NOTE: Age-adjusted by the direct method to the 2000 U.S. Census population using age groups 20–39, 40–59, and 60 and over.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2014.