

Data Brief 167. Depression and Obesity in the U.S. Adult Household Population, 2005–2010

Data table for Figure 1. Age-adjusted percentage of adults aged 20 and over who were obese, by sex and depression status: United States, 2005–2010

Depression status	Percent obese	SE
Total		
Depression	43.2	1.9
No depression	33.0	0.8
Men		
Depression	36.8	3.1
No depression	32.6	1.1
Women		
Depression	46.7	2.5
No depression	33.4	0.9

NOTE: SE is standard error.

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Data table for Figure 2. Percentage of adults aged 20 and over who were obese, by age, sex, and depression status: United States, 2005–2010

	Depression status	Percent obese	SE
Men			
20–39	Depression	30.9	4.4
	No depression	29.4	1.5
40–59	Depression	41.9	5.9
	No depression	36.9	1.5
60 and over	Depression	46.6	5.2
	No depression	35.1	1.3
Women			
20–39	Depression	45.3	3.3
	No depression	30.0	1.5
40–59	Depression	49.2	3.8
	No depression	37.6	1.4
60 and over	Depression	46.6	4.5
	No depression	36.6	1.2

NOTE: SE is standard error.

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Data table for Figure 3. Age-adjusted percentage of adults aged 20 and over who were obese, by sex, race/ethnicity, and depression status: United States, 2005–2010

Depression status	Percent obese	SE
Men		
Mexican-American		
Depression	39.0	5.5
No depression	32.9	1.9
Non-Hispanic black		
Depression	40.5	4.2
No depression	37.4	1.4
Non-Hispanic white		
Depression	38.2	4.0
No depression	33.4	1.3
Women		
Mexican-American		
Depression	46.6	5.0
No depression	43.1	1.6
Non-Hispanic black		
Depression	55.6	4.6
No depression	53.8	1.4
Non-Hispanic white		
Depression	45.2	3.0
No depression	31.6	1.1

NOTE: SE is standard error.

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Data table for Figure 4. Age-adjusted percentage of adults aged 20 and over who were obese, by sex and depression severity: United States, 2005–2010

Depressive symptom severity	Percent	SE
Total		
Severe	47.0	3.0
Moderate	42.7	2.3
Mild	39.8	1.1
None	32.8	0.8
Men		
Severe	39.8	4.6
Moderate	38.1	3.6
Mild	36.5	1.7
None	33.0	1.1
Women		
Severe	50.0	3.7
Moderate	45.6	3.3
Mild	42.4	1.6
None	32.5	0.9

NOTE: SE is standard error.

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Data table for Figure 5. Age-adjusted percentage of adults aged 20 and over who were obese, by depressive symptoms and use of antidepressants: United States, 2005–2010

Depressive symptom severity	Percent obese	SE
Antidepressants		
Moderate to severe	54.6	4.4
Mild or no	38.2	2.0
No antidepressants		
Moderate to severe	39.4	2.2
Mild or no	33.3	0.8

NOTE: SE is standard error.