

Data Brief 157. TV Watching and Computer Use in U.S. Youth Aged 12–15, 2012

Data table for Figure 1. Percentage of youth aged 12–15 reporting TV watching and computer use, by hours of use per day: United States, 2012

	Hours per day	<i>N</i>	Estimate	SE	95% CI	
TV	0	14	*1.5	0.5	0.5	2.4
Computer	0	74	8.9	1.7	5.2	12.6
TV	< 1	102	12.5	1.1	10.1	15.0
Computer	< 1	194	26.5	2.0	22.3	30.7
TV	1	155	21.9	1.4	19.0	24.8
Computer	1	164	21.2	1.1	18.9	23.5
TV	2	229	29.5	1.6	26.0	32.9
Computer	2	139	18.2	1.4	15.2	21.2
TV	3	138	19.7	2.2	15.1	24.4
Computer	3	102	13.6	1.4	10.7	16.5
TV	4	65	8.1	1.1	5.8	10.4
Computer	4	48	6.5	0.9	4.5	8.4
TV	≥ 5	63	6.9	1.0	4.7	9.1
Computer	≥ 5	45	5.1	1.2	2.5	7.7

* Estimate does not meet standards of reliability or precision; relative standard error is greater than 30% but less than 40%.

NOTES: SE is standard error. CI is confidence interval.

SOURCES: CDC/NCHS, National Health and Nutrition Examination Survey (NHANES) and NHANES National Youth Fitness Survey, 2012.

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Data table for Figure 2. Percentage of youth aged 12–15 reporting 2 hours or less of TV viewing and computer use per day, by sex: United States, 2012

	Sex	N	Estimate	SE	95% CI	
TV plus computer		766	27.0	2.0	22.6	31.3
	Boys	391	25.0	2.6	19.5	30.5
	Girls	375	29.0	3.5	21.5	36.5
TV		766	65.3	2.0	61.1	69.5
	Boys	391	67.8	2.9	61.5	74.0
	Girls	375	62.8	2.8	56.7	68.8
Computer		766	74.8	2.1	70.2	79.4
	Boys	391	†69.4	2.8	63.5	75.3
	Girls	375	80.4	2.4	75.2	85.5

† Significantly different from girls, $p < 0.05$.

NOTES: SE is standard error. CI is confidence interval. TV plus computer is the sum of time spent watching TV and using a computer. For analytical purposes, the response of "< 1 hour" was assigned the value of 0.5 hours.

SOURCES: CDC/NCHS, National Health and Nutrition Examination Survey (NHANES) and NHANES National Youth Fitness Survey, 2012.

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Data table for Figure 3. Percentage of youth aged 12–15 reporting 2 hours or less of TV viewing and computer use per day, by race and Hispanic origin: United States, 2012

Race and Hispanic origin	N	Estimate	SE	95% CI	
TV plus computer					
Non-Hispanic white	277	29.4	2.1	24.8	34.0
Non-Hispanic black	176	†20.0	3.0	13.6	26.5
Hispanic	219	26.4	2.9	20.2	32.6
TV					
Non-Hispanic white	277	65.8	3.5	58.1	73.5
Non-Hispanic black	176	‡53.4	4.0	44.8	62.0
Hispanic	219	68.7	2.8	62.8	74.7
Computer					
Non-Hispanic white	277	76.8	2.2	72.0	81.6
Non-Hispanic black	176	67.3	5.4	55.5	79.2
Hispanic	219	77.1	2.0	72.8	81.4

† Significantly different from non-Hispanic white, $p < 0.05$.

‡ Significantly different from non-Hispanic white and Hispanic, $p < 0.05$.

NOTES: SE is standard error. CI is confidence interval. TV plus computer is the sum of time spent watching TV and using a computer. For analytical purposes, the response of “< 1 hour” was assigned the value of 0.5 hours.

SOURCES: CDC/NCHS, National Health and Nutrition Examination Survey (NHANES) and NHANES National Youth Fitness Survey, 2012.

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Data table for Figure 4. Percentage of youth aged 12–15 reporting 2 hours or less of TV viewing and computer use per day, by weight status: United States, 2012

Weight status	<i>N</i>	Percent	SE	95% CI	
TV plus computer					
Underweight or normal weight	469	†30.6	2.4	25.4	35.8
Overweight	124	23.1	4.9	12.6	33.6
Obese	173	20.0	4.0	11.5	28.5
TV					
Underweight or normal weight	469	†70.1	3.1	63.5	76.6
Overweight	124	64.3	5.9	51.8	76.9
Obese	173	52.6	3.4	45.2	60.0
Computer					
Underweight or normal weight	469	75.7	2.7	69.9	81.5
Overweight	124	77.7	3.2	70.8	84.7
Obese	173	69.8	4.4	60.4	79.3

† Significant linear trend by weight status, $p < 0.05$.

NOTES: SE is standard error. CI is confidence interval. TV plus computer is the sum of time spent watching TV and using a computer. For analytical purposes, the response of “< 1 hour” was assigned the value of 0.5 hours.

SOURCES: CDC/NCHS, National Health and Nutrition Examination Survey (NHANES) and NHANES National Youth Fitness Survey, 2012.