

**Data Brief 140: Hypertension, Abnormal Cholesterol, and High Body Mass Index Among Non-Hispanic Asian Adults: United States, 2011–2012**

**Data table for Figure 1. Selected demographic characteristics of non-Hispanic Asian and non-Hispanic white adults: United States, 2011–2012**

Subgroup	n	Age-adjusted estimates (percent)			Crude estimates (percent) (used for Figure 1)				
		Estimate	SE	95% CI	Estimate	SE	95% CI		
<b>Non-Hispanic Asian</b>									
Total	754	100.0	...	...	...	100.0	...	...	...
Men	368	46.0	1.1	43.7	48.3	46.2	1.1	43.9	48.5
Women	386	54.0	1.1	51.7	56.3	53.8	1.1	51.5	56.1
20–39 years	313	39.7	...	...	...	43.6	3.2	36.8	50.4
40–59 years	269	37.2	...	...	...	37.1	2.4	31.9	42.2
60 years and over	172	23.2	...	...	...	19.3	2.0	15.0	23.6
High school education or less	228	29.2	3.6	21.7	36.8	27.9	3.7	20.2	35.7
More than high school education	526	70.8	3.6	63.2	78.3	72.1	3.7	64.3	79.8
Foreign-born	638	85.0	2.4	79.8	90.1	84.5	2.3	79.5	89.4
U.S.-born	116	15.0	2.4	9.9	20.2	15.5	2.3	10.6	20.5
<b>Non-Hispanic white</b>									
Total	1,949	100.0	...	...	...	100.0	...	...	...
Men	974	48.6	1.1	46.2	51.0	48.3	1.2	45.8	50.8
Women	975	51.4	1.1	49.0	53.8	51.7	1.2	49.2	54.2
20–39 years	652	39.7	...	...	...	31.4	2.5	26.1	36.8
40–59 years	589	37.2	...	...	...	38.6	1.5	35.3	41.8
60 years and over	708	23.2	...	...	...	30.0	1.4	27.1	33.0
High school education or less	732	29.3	3.2	22.5	36.0	30.5	3.4	23.2	37.7
More than high school education	1,217	70.7	3.2	64.0	77.5	69.5	3.4	62.3	76.8
Foreign-born	92	4.5	0.7	3.1	6.0	4.2	0.7	2.8	5.5
U.S.-born	1,857	95.5	0.7	94.0	96.9	95.8	0.7	94.5	97.2

... Not applicable.

NOTES: SE is standard error. CI is confidence interval. Age-adjusted percentages for age groups above are the same as the age group percentages for the 2000 U.S. Census population. For more information, see [Data source and methods](#).

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2012.

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**Data table for Figure 2. Prevalence of hypertension among non-Hispanic Asian adults, by sex, age, education, and foreign-born status: United States, 2011–2012**

Subgroup	n	Age-adjusted estimates (percent) (used for Figure 2)				Crude estimates (percent)			
		Estimate	SE	95% CI		Estimate	SE	95% CI	
Total	703	25.6	1.7	22.1	29.1	23.8	2.4	18.8	28.8
Men	349	26.8	2.7	21.1	32.4	24.0	3.2	17.2	30.9
Women	354	24.5	1.6	21.2	27.8	23.6	2.1	19.1	28.1
20–39 years	289	5.0	1.5	1.9	8.1	5.0	1.5	1.9	8.1
40–59 years	248	26.5	2.0	22.2	30.7	26.5	2.0	22.2	30.7
60 years and over	166	59.6	4.4	50.3	68.8	59.6	4.4	50.3	68.8
High school education or less	205	31.9	3.1	25.4	38.5	39.9	4.6	30.1	49.6
More than high school education	498	22.8	1.7	19.1	26.4	17.9	2.1	13.3	22.4
Foreign-born	592	26.1	1.7	22.6	29.6	25.7	2.6	20.3	31.1
U.S.-born	111	21.2	4.4	12.0	30.4	13.9	3.1	7.3	20.4

NOTES: SE is standard error. CI is confidence interval. Age-adjusted estimates (percent) and crude estimates (percent) for age groups are identical by definition.  
SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2012.

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**Data table for Figure 3. Prevalence of measured high total cholesterol among non-Hispanic Asian adults, by sex, age, education, and foreign-born status: United States, 2011–2012**

Subgroup	n	Age-adjusted estimates (percent) (used for Figure 3)				Crude estimates (percent)			
		Estimate	SE	95% CI		Estimate	SE	95% CI	
Total	685	10.3	1.3	7.6	13.0	10.1	1.3	7.4	12.8
Men	340	9.5	1.9	5.5	13.4	9.6	1.8	5.8	13.4
Women	345	10.9	1.5	7.8	13.9	10.5	1.4	7.6	13.3
20–39 years	288	6.8	1.6	3.5	10.1	6.8	1.6	3.5	10.1
40–59 years	244	13.1	2.6	7.6	18.6	13.1	2.6	7.6	18.6
60 years and over	153	11.9	3.2	5.0	18.7	11.9	3.2	5.0	18.7
High school education or less	192	13.0	2.6	7.5	18.4	14.1	2.7	8.4	19.9
More than high school education	493	9.4	1.5	6.2	12.5	8.7	1.4	5.6	11.7
Foreign-born	575	10.9	1.4	8.0	13.9	11.0	1.4	8.0	14.0
U.S.-born	110	8.9	3.4	1.7	16.2	5.4	2.1	0.9	9.9

NOTES: SE is standard error. CI is confidence interval. Age-adjusted estimates (percent) and crude estimates (percent) for age groups are identical by definition.

SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2012.

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**Data table for Figure 4. Prevalence of measured low HDL cholesterol among non-Hispanic Asian adults, by sex, age, education, and foreign-born status: United States, 2011–2012**

Subgroup	n	Age-adjusted estimates (percent) (used for Figure 4)				Crude estimates (percent)			
		Estimate	SE	95% CI		Estimate	SE	95% CI	
Total	685	14.3	1.2	11.7	16.8	14.3	1.3	11.5	17.1
Men	340	24.5	2.3	19.8	29.3	24.8	2.4	19.8	29.9
Women	345	5.1	1.4	2.2	8.1	5.0	1.4	2.0	7.9
20–39 years	288	13.1	2.5	7.8	18.3	13.1	2.5	7.8	18.3
40–59 years	244	16.3	2.6	10.7	21.8	16.3	2.6	10.7	21.8
60 years and over	153	13.2	2.3	8.4	18.0	13.2	2.3	8.4	18.0
High school education or less	192	18.8	3.0	12.4	25.3	17.8	2.3	12.9	22.6
More than high school education	493	13.2	1.3	10.5	15.9	13.1	1.4	10.0	16.1
Foreign-born	575	15.4	1.4	12.5	18.3	15.5	1.5	12.5	18.6
U.S.-born	110	7.7	2.1	3.3	12.2	7.9	2.5	2.5	13.3

NOTES: SE is standard error. CI is confidence interval. Age-adjusted estimates (percent) and crude estimates (percent) for age groups are identical by definition.  
SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2012.

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**Data table for Figure 5. Prevalence of high BMI among non-Hispanic Asian adults, by sex, age, education, and foreign-born status: United States, 2011–2012**

Subgroup	n	Age-adjusted estimates (percent) (used for Figure 5)				Crude estimates (percent)			
		Estimate	SE	95% CI		Estimate	SE	95% CI	
Total	733	38.6	1.7	35.0	42.3	38.2	2.1	33.8	42.6
Men	365	43.0	2.7	37.3	48.7	42.4	3.2	35.6	49.2
Women	368	34.7	1.9	30.7	38.6	34.4	2.0	30.1	38.7
20–39 years	302	30.3	2.9	24.3	36.4	30.3	2.9	24.3	36.4
40–59 years	263	44.6	2.2	39.9	49.3	44.6	2.2	39.9	49.3
60 years and over	168	43.3	3.0	37.0	49.5	43.3	3.0	37.0	49.5
High school education or less	221	44.0	2.9	37.9	50.2	44.5	2.7	38.7	50.3
More than high school education	512	37.6	2.3	32.8	42.4	35.7	2.7	30.1	41.4
Foreign-born	620	37.9	1.9	34.0	41.8	38.2	2.2	33.4	42.9
U.S.-born	113	45.1	5.2	34.1	56.1	38.3	4.9	28.0	48.5

NOTES: SE is standard error. CI is confidence interval. Age-adjusted estimates (percent) and crude estimates (percent) for age groups are identical by definition.  
SOURCE: CDC/NCHS, National Health and Nutrition Examination Survey, 2011–2012.