



THE CALIFORNIA HEALTH INTERVIEW SURVEY (CHIS)

Assessing Use of and Demand for Long-Term Services and Supports in the California Health Interview Survey

Ninez A. Ponce, PhD, MPP

Professor, Health Policy and Management, UCLA Fielding School of Public Health
Principal Investigator, California Health Interview Survey
Director, UCLA Center for Health Policy Research

Long-Term Services and Supports (LTSS) in California: Data Needs

- Lack population-level data to assess needs, use, and possible gaps in services and supports for people with chronic care needs and disabilities
- Many programs do not uniformly collect and report data
- Available data is fragmented, reflecting a “system” of LTSS that is financed through different payers, administered by different agencies, and delivered in multiple and diverse settings
- Little capacity to share data across delivery sites

Long-Term Services and Supports (LTSS) in California: A New Study

- California Health Interview Survey
 - Largest population-based state continuing health survey in the United States
 - Representative sample of non-institutionalized California civilians, approximately 20,000 households each year
- New follow-on survey to assess LTSS use and demand
 - 2019-2020 and 2023-2024 cycles, about 2,000 respondents per cycle
 - 15 minutes in length, 50-80 questions
- Qualitative component in 2021: in-depth interviews with 100 Californians with LTSS needs

CHIS LTSS Workgroup

Represents a diverse group of LTSS stakeholders, including:

Service providers	Program administrators
Aging and disability rights advocates	State policy staff
Labor unions	Academic researchers
Private foundations	Technical advisors

CHIS LTSS Workgroup Objectives

- Review and select screening questions
- Identify major domains/content areas of follow-on survey
- Review existing CHIS indicators for potential data linkage and analysis
- Review other surveys and identify questions for possible inclusion
- Revise or develop new survey questions as needed

LTSS Screening Questions

- 1) *Because of a physical, mental, or emotional condition, do you/does this person have serious difficulty concentrating, remembering, or making decisions? [Yes, No]*
- 2) *Do you/does this person have difficulty dressing or bathing? [Yes, No]*
- 3) *Because of a physical, mental, or emotional condition, do you/does this person have difficulty doing errands alone such as visiting a doctor's office or shopping? [Yes, No]*

[Note: If participant responds in affirmative to any of the 3 screening questions, s/he would be eligible to participate in the follow-on survey]

LTSS Follow-On Survey Domains and Research Questions

Need for LTSS: *Demand for services? Receipt of services? Are services adequate/sufficient? What is the extent of unmet need? What are specific unmet needs?*

Consequences of Unmet Need: *How does unmet need affect quality of life, physical/mental health, financial well-being? To what extent does unmet need lead to health service utilization, such as ER visits, hospitalizations, medication mismanagement?*

LTSS Follow-On Survey Domains and Research Questions

- **Access to Services:** *Who is receiving services? Who is not receiving needed services? What are the barriers, facilitators to accessing LTSS?*
- **Types of Services/Supports:** *For those who are getting help, are they receiving formal/paid, informal/unpaid care? Are services public or private? Who is providing care? What is their relationship to person with LTSS needs?*

LTSS Follow-On Survey Domains and Research Questions

- **Quality of Services:** *How do consumers of LTSS perceive the quality of care they receive? Is it effective, responsive, culturally/linguistically appropriate, person-centered?*
- **Consumer Experience:** *How satisfied are consumers of LTSS? How well do services support choice and independence? Social/community engagement?*

Potential to Interface with National Data on LTSS

- National data sources on LTSS needs are typically not consumer or community-based
- Existing sources often limited to specific age groups (e.g., 65+) and/or to specific types of beneficiaries (e.g., Medicare, Medicaid, “dual eligibles”)
- Anticipate using national data to develop and apply profiles of respondents at risk for “spend-down” to Medicaid

CHIS and LTSS Follow-on Survey Timeline

■ CHIS 2019-2020

- Pre-testing (1st round) Aug 2018
- Pre-testing (2nd round) Jan 2019
- Pilot testing Mar 2019
- Begin data collection Apr 2019
- End data collection Dec 2020

■ LTSS Follow-on Survey 2019-2020

- Pre-testing/Pilot testing Mar 2019
- Begin data collection May 2019
- End data collection Jan 2021

LTSS Follow-on Survey Funding

- The State of California
 - Spurred by advocates in LTSS community of providers and consumers
 - State legislature approved a one-time expenditure of ~\$3 million to assess the LTSS needs of CA
 - Administered by the California Department of Health Care Services, California Health and Human Services Agency

Questions

- Kathryn Kietzman, LTSS Follow-on Survey PI:
 - kietzman@ucla.edu
- Royce Park, Assistant Director
 - npark@ucla.edu
- Ninez Ponce, CHIS PI, Director, UCLA Center for Health Policy Research
 - nponce@ucla.edu