In 2009, there were an estimated 32 million visits to nonfederally employed, office-based psychiatrists in the United States. Two-thirds of the visits were made by persons 25–64 years of age.

Percent distribution of office visits by patient’s age: 2009

Annual office visit rates by patient’s age: 2009

The major reason for visit was:
- Chronic problem, routine — 80%
- Chronic problem, flare-up — 10%
- New problem — 7%

The top 4 reasons given by patients for visiting psychiatrists were:
- Depression
- Anxiety and nervousness
- Medications
- Medical counseling

The top 5 diagnoses were:
- Psychoses, excluding major depressive disorder
- Major depressive disorder
- Attention deficit disorder
- Anxiety states
- Dysthymic disorder

Medications were provided or prescribed at 87 percent of office visits. The top 5 generic substances utilized were:
- Bupropion
- Clonazepam
- Aripiprazole
- Sertraline
- Quetiapine

For more information, contact the Ambulatory Care Statistics Branch at 301-458-4600 or visit our Web site at <www.cdc.gov/namcs>.
THE IMPORTANCE OF NAMCS DATA

NAMCS data are widely used in research studies appearing in nationally recognized medical journals, including *JAMA*, *Archives of General Psychiatry*, and *American Journal of Psychiatry*. Here are just a few recent publications using NAMCS data:


The complete list of publications using NAMCS data, which includes hundreds of articles and reports, is available on our Web site.

NAMCS(FS)-14 (7-11)