In 2010, there were an estimated 67 million visits to nonfederally employed, office-based osteopathic physicians in the United States. More than half of the visits were made by persons 25–64 years of age.

The major reason for visit was:
- New problem — 40%
- Chronic problem, routine — 27%
- Preventative care — 17%
- Chronic problem, flare-up — 6%

The top 5 reasons given by patients for visiting osteopaths were:
- Progress visit
- General medical examinations
- Cough
- Medication
- Test results

The top 5 diagnoses were:
- Essential hypertension
- General medical examination
- Diabetes mellitus
- Normal pregnancy
- Chronic sinusitis

Medications were provided or prescribed at 75 percent of office visits. The top 5 generic substances utilized were:
- Lisinopril
- Aspirin
- Acetaminophen-Hydrocodone
- Levothyroxine
- Simvastatin

For more information, contact the Ambulatory and Hospital Care Statistics Branch at 301-458-4600 or visit our Web site at <www.cdc.gov/namcs>.

Percent distribution of office visits by patient’s age: 2010

<table>
<thead>
<tr>
<th>Patient’s age in years</th>
<th>Percent of Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;25</td>
<td>18</td>
</tr>
<tr>
<td>25-44</td>
<td>29</td>
</tr>
<tr>
<td>45-64</td>
<td>31</td>
</tr>
<tr>
<td>65-74</td>
<td>12</td>
</tr>
<tr>
<td>75+</td>
<td>10</td>
</tr>
</tbody>
</table>

Annual office visit rates by patient’s age and sex: 2010

<table>
<thead>
<tr>
<th>Patient’s age in years</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;25</td>
<td>12</td>
<td></td>
</tr>
<tr>
<td>25-44</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>45-64</td>
<td>26</td>
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<td>39</td>
<td></td>
</tr>
<tr>
<td>75+</td>
<td>38</td>
<td></td>
</tr>
</tbody>
</table>

Number of visits per 100 persons per year
THE IMPORTANCE OF NAMCS DATA

Osteopathy

NAMCS data are widely used in research studies appearing in nationally recognized medical journals, including *JAMA, Archives of Pediatric and Adolescent Medicine*, and *Journal of the American Osteopathic Association*. Here are just a few recent publications using NAMCS data:


A complete list of publications using NAMCS data, which includes articles and reports, can be found at our Web site: http://www.cdc.gov/nchs/ahcd/ahcd_products.htm

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