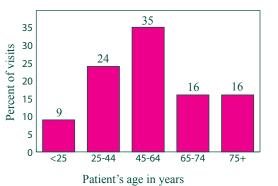


National Ambulatory Medical Care Survey

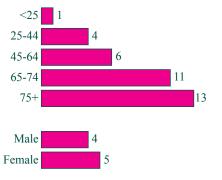
In 2010, there were an estimated 14 million visits to nonfederally employed, office-based neurologists in the United States. Sixty percent of visits were made by persons 25–64 years of age.

Percent distribution of office visits by patient's age: 2010



The visit rate was lower for persons 24 years of age or less compared to the four older groups. The visit rate was not different for males and females.

Annual office visit rates by patient's age and sex: 2010



Number of visits per 100 persons per year

Expected source(s) of payment included:

- Private insurance 42%
- Medicare 35%
- Medicaid/CHIP 11%

The major reason for visit was:

• Chronic problem, routine — 60%

NEUROLOGY

- New problem 24%
- Chronic problem, flare-up 11%

The top 5 reasons given by patients for visiting neurologists were:

- Progress visit
- Headache

Factsheet

- Convulsions
- Disturbances of sensation
- Abnormal involuntary movement

The top 4 diagnoses were:

- Migraine
- Parkinson's disease
- Headache
- Epilepsy

Medications were provided or prescribed at 79 percent of office visits. The top 5 generic substances utilized were:

- Gabapentin
- Aspirin
- Topiramate
- Levetiracetam
- Simvastatin

For more information, contact the Ambulatory and Hospital Care Statistics Branch 301-458-4600 or visit our Web site at <www.cdc.gov/namcs>.

THE IMPORTANCE OF NAMCS DATA

Neurology

NAMCS data are widely used in research studies appearing in nationally recognized medical journals, including *JAMA*, *Archives of Neurology* (renamed *JAMA Neurology*), and *Sleep*. Here are a few recent publications using NAMCS data:

Karve S, Levine D, Seiber E, Nahata M, Balkrishnan R. Trends in ambulatory prescribing of antiplatelet therapy among US ischemic stroke patients: 2000-2007. *Adv Pharmacol Sci*. Dec 2012. [Epub ahead of print]

Kamel H, Fahimi J, Govindarajan P, Navi BB. Nationwide patterns of hospitalization after transient ischemic attack. *J Stroke Cerebrovasc Dis*. Nov 2012. [Epub ahead of print]

Karve S, Balkrishnan R, Seiber E, Nahata M, Levine DA. Population trends and disparities in outpatient utilization of neurologists for ischemic stroke. *J Stroke Cerebrovasc Dis*. Dec 2011. [Epub ahead of print]

Bhattacharya R, Chatterjee S, Carnahan RM, Aparasu RR. Prevalence and predictors of anticholinergic agents in elderly outpatients with dementia. *Am J Geriatr Pharmacother*. 9(6):434-441. Dec 2011.

Stevens J, Harman J, Pakalnis A, Lo W, Prescod J. Sociodemographic differences in diagnosis and treatment of pediatric headache. *J Child Neurol*. 35(4):435-440. Apr 2010.

Wilper A, Woolhandler S, Himmelstein D, Nardin R. Impact of insurance status on migraine care in the United States: a population-based study. *Neurology*. 74(15):1178-1183. Apr 2010.

Wilson RD. Analgesic prescribing for musculoskeletal complaints in the ambulatory care setting after the introduction and withdrawal of cyclooxygenase-2 inhibitors. *Arch Phys Med Rehabil*. 90(7):1147-1151. Jul 2009.

Stojanovski SD, Rasu RS, Balkrishnan R, Nahata MC. Trends in medication prescribing for pediatric sleep difficulties in US outpatient settings. *Sleep*. 30(8):1013-1017. Aug 2007.

Avasarala J, Odonovan CA, Roach S, Camacho F, Feldman S. Analysis of NAMCS data for multiple sclerosis, 1998-2004. *BMC Med.* 5(1):6. Apr 2007.

Liptak GS, Stuart T, Auinger P. Health care utilization and expenditures for children with autism: data from US national samples. *J Autism Dev Disord*. 36(7):871-879. Oct 2006.

Sankaranarayanan J, Puumala SE, Kratochvil CJ. Diagnosis and treatment of adult attention-deficit/hyperactivity disorder at US ambulatory care visits from 1996 to 2003. *Curr Med Res Opin*. 22(8):1475-1491. Aug 2006.

A complete list of publications using NAMCS data, which includes articles and reports, can be found at our Web site: http://www.cdc.gov/nchs/ahcd/ahcd_products.htm