

# DISPARITIES IN MENTAL HEALTH AND SUICIDE INDICATORS AMONG U.S. HIGH SCHOOL STUDENTS, 2009-2019

## PERCENTAGE OF U.S. HIGH SCHOOL STUDENTS WHO:

### FELT SAD OR HOPELESS

	2009	2011	2013	2015	2017	2019
<b>Overall</b>	<b>26.1%</b>	<b>28.5%</b>	<b>29.9%</b>	<b>29.9%</b>	<b>31.5%</b>	<b>36.7%</b>
Male	19.1%	21.5%	20.8%	20.3%	21.4%	26.8%
Female	33.9%	35.9%	39.1%	39.8%	41.1%	46.6%
<b>Lesbian, Gay, &amp; Bisexual</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>	<b>60.4%</b>	<b>63.0%</b>	<b>66.3%</b>
Heterosexual	N/A	N/A	N/A	26.4%	27.5%	32.2%
White	23.7%	27.2%	27.3%	28.6%	30.2%	36.0%
Black	27.7%	24.7%	27.5%	25.2%	29.2%	31.5%
Hispanic	31.6%	32.6%	36.8%	35.3%	33.7%	40.0%

### SERIOUSLY CONSIDERED SUICIDE

	2009	2011	2013	2015	2017	2019
<b>Overall</b>	<b>13.8%</b>	<b>15.8%</b>	<b>17.0%</b>	<b>17.7%</b>	<b>17.2%</b>	<b>18.8%</b>
Male	10.5%	12.5%	11.6%	12.2%	11.9%	13.3%
Female	17.4%	19.3%	22.4%	23.4%	22.1%	24.1%
<b>Lesbian, Gay, &amp; Bisexual</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>	<b>42.8%</b>	<b>47.7%</b>	<b>46.8%</b>
Heterosexual	N/A	N/A	N/A	14.8%	13.3%	14.5%
White	13.1%	15.5%	16.2%	17.2%	17.3%	19.1%
Black	13.0%	13.2%	14.5%	14.5%	14.7%	16.6%
Hispanic	15.4%	16.7%	18.9%	18.8%	16.4%	17.2%

### MADE A SUICIDE PLAN

	2009	2011	2013	2015	2017	2019
<b>Overall</b>	<b>10.9%</b>	<b>12.8%</b>	<b>13.6%</b>	<b>14.6%</b>	<b>13.6%</b>	<b>15.7%</b>
Male	8.6%	10.8%	10.3%	9.8%	9.7%	11.3%
Female	13.2%	15.0%	16.9%	19.4%	17.1%	19.9%
<b>Lesbian, Gay, &amp; Bisexual</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>	<b>38.2%</b>	<b>38.0%</b>	<b>40.2%</b>
Heterosexual	N/A	N/A	N/A	11.9%	10.4%	12.1%
White	10.3%	12.1%	12.8%	13.9%	12.6%	15.7%
Black	9.8%	11.1%	10.4%	13.7%	12.9%	15.0%
Hispanic	12.2%	14.3%	15.7%	15.7%	13.5%	14.7%



## ATTEMPTED SUICIDE

	2009	2011	2013	2015	2017	2019
Overall	6.3%	7.8%	8.0%	8.6%	7.4%	8.9%
Male	4.6%	5.8%	5.4%	5.5%	5.1%	6.6%
Female	8.1%	9.8%	10.6%	11.6%	9.3%	11.0%
Lesbian, Gay, & Bisexual	N/A	N/A	N/A	29.4%	23.0%	23.4%
Heterosexual	N/A	N/A	N/A	6.4%	5.4%	6.4%
White	5.0%	6.2%	6.3%	6.8%	6.1%	7.9%
Black	7.9%	8.3%	8.8%	8.9%	9.8%	11.8%
Hispanic	8.1%	10.2%	11.3%	11.3%	8.2%	8.9%

## WERE INJURED IN A SUICIDE ATTEMPT

	2009	2011	2013	2015	2017	2019
Overall	1.9%	2.4%	2.7%	2.8%	2.4%	2.5%
Male	1.6%	1.9%	1.8%	1.9%	1.5%	1.7%
Female	2.3%	2.9%	3.6%	3.7%	3.1%	3.3%
Lesbian, Gay, & Bisexual	N/A	N/A	N/A	9.4%	7.5%	6.3%
Heterosexual	N/A	N/A	N/A	2.0%	1.7%	1.7%
White	1.6%	1.9%	2.0%	2.1%	1.9%	2.1%
Black	2.5%	2.4%	2.7%	3.8%	3.4%	3.3%
Hispanic	2.2%	3.2%	4.1%	3.7%	2.8%	3.0%

Source: Centers for Disease Control and Prevention. Youth Risk Behavior Survey Data Summary & Trends Report: 2009 – 2019



For more information visit [www.cdc.gov/nchhstp/newsroom](http://www.cdc.gov/nchhstp/newsroom)