Do you know what to do in a radiation emergency?

GET INSIDE

STAY INSIDE

STAY TUNED

For more information, visit http://emergency.cdc.gov/radiation
Radiation Emergencies - What should I do?
If a radiation emergency occurs, people can take actions to protect themselves, their loved ones, and their pets.

**GET INSIDE**

In a radiation emergency you may be asked to get inside a building and take shelter for a period of time.
- This action is called “sheltering in place.”
- Get to the middle of the building or a basement, away from doors and windows.
- Bring pets inside.

**STAY INSIDE**

Staying inside can reduce your exposure to radiation.
- Close and lock windows and doors.
- Take a shower or wipe exposed parts of your body with a damp cloth.
- Drink bottled water and eat food out of sealed containers.

**STAY TUNED**

Emergency officials are trained to respond to disaster situations and will provide specific actions to help keep you out of harm’s way.
- Use radios, televisions, computers, mobile devices, and other tools to get the latest information.
- Emergency officials will provide information about available services and assistance.

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