Prevent Childhood Lead Poisoning

Exposure to lead can seriously harm a child’s health.

- Damage to the brain and nervous system
- Slowed growth and development
- Learning and behavior problems
- Hearing and speech problems

This can cause:

- Lower IQ
- Decreased ability to pay attention
- Underperformance in school
Homes built before 1978 (when lead-based paints were banned) probably contain lead-based paint.

When the paint peels and cracks, it makes lead dust. Children can be poisoned when they swallow or breathe in lead dust.

Certain water pipes may contain lead.

Lead can be found in some products such as toys and toy jewelry.

Lead is sometimes in candies imported from other countries or traditional home remedies.

Certain jobs and hobbies involve working with lead-based products, like stain glass work, and may cause parents to bring lead into the home.
The good news: Lead poisoning is **100% preventable.**

**Take these steps to make your home lead-safe.**

- **Talk with your child’s doctor** about a simple blood lead test. If you are pregnant or nursing, talk with your doctor about exposure to sources of lead.

- **Talk with your local health department** about **testing paint and dust in your home for lead** if you live in a home built before 1978.

- **Renovate safely.** Common renovation activities (like sanding, cutting, replacing windows, and more) can create hazardous lead dust. If you’re planning renovations, use contractors certified by the Environmental Protection Agency (visit www.epa.gov/lead for information).

- **Remove recalled toys and toy jewelry from children and discard as appropriate.** Stay up-to-date on current recalls by visiting the Consumer Product Safety Commission’s website: www.cpsc.gov.

Visit [www.cdc.gov/nceh/lead](http://www.cdc.gov/nceh/lead) to learn more.