## **Prevent Childhood Lead Poisoning**

Exposure to lead can seriously harm a child's health.



Damage to the brain and nervous system



Slowed growth and development



Learning and behavior problems



Hearing and speech problems

#### This can cause:

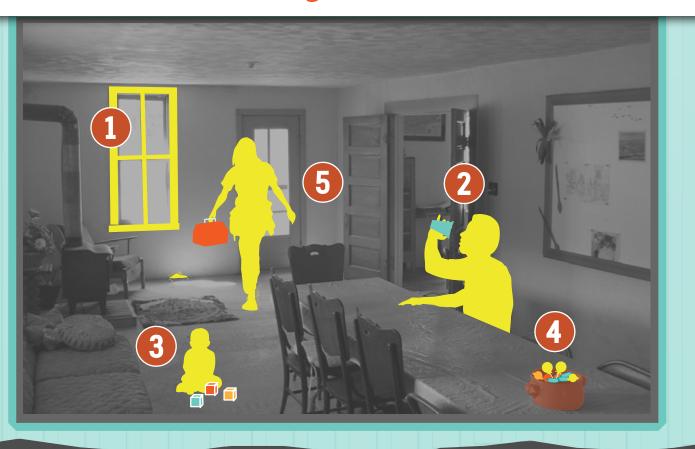
Lower IQ

Decreased ability to pay attention

Underperformance in school



### Lead can be found throughout a child's environment.





Homes built before 1978 (when lead-based paints were banned) probably contain lead-based paint.



Lead can be found in some products such as toys and toy jewelry.



When the paint peels and cracks, it makes lead dust. Children can be poisoned when they swallow or breathe in lead dust.



Lead is sometimes in candies imported from other countries or traditional home remedies.



Certain water pipes may contain lead.



Certain jobs and hobbies involve working with lead-based products, like stain glass work, and may cause parents to bring lead into the home.

# The good news: Lead poisoning is 100% preventable.

#### Take these steps to make your home lead-safe.



**Talk with your child's doctor** about a simple blood lead test. If you are pregnant or nursing, talk with your doctor about exposure to sources of lead.



Talk with your local health department about testing paint and dust in your home for lead if you live in a home built before 1978.



Renovate safely. Common renovation activities (like sanding, cutting, replacing windows, and more) can create hazardous lead dust. If you're planning renovations, use contractors certified by the Environmental Protection Agency (visit www.epa.gov/lead for information).



Remove recalled toys and toy jewelry from children and discard as appropriate. Stay up-to-date on current recalls by visiting the Consumer Product Safety Commission's website: www.cpsc.gov.



Visit www.cdc.gov/nceh/lead to learn more.