

# Are you **PREPARED?**

More than half of U.S. adults do NOT have the plans in place to be prepared for a disaster or emergency.

**52%**

of adults have NO preparedness plans.



**85%**

of adults do NOT have an emergency communications plan.

**43%**

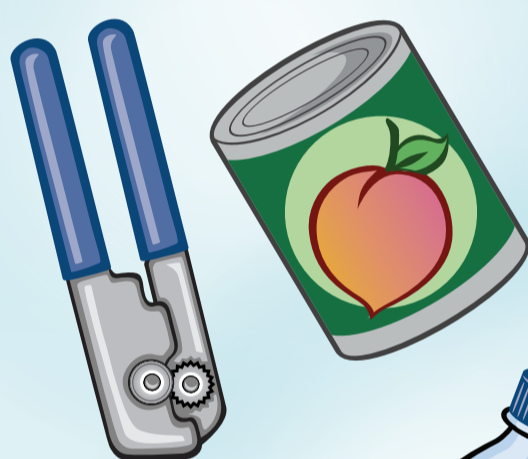
of adults do NOT agree they feel confident knowing how to prepare for disasters.



**64%**

of adults do NOT have an emergency supply kit.

Store a 3-day supply of non-perishable, easy to prepare, food.



Store a 3-day supply of water: one gallon per person, per day.

Always have at least a 7-day supply of each prescription medication.



**Make a plan. Build a kit. Be prepared.**  
**Disasters can happen anywhere at any time.**

For more information visit: [emergency.cdc.gov](https://emergency.cdc.gov)

