

Environmental Health

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ABOUT THE COVER



Hidalgo County, Texas, is listed by the U.S. Census Bureau as the second poorest county in the U.S. In this month's cover feature, "Mexican-American Children's Perspectives: Neighborhood Characteristics and

Physical Activity in Texas-Mexico Border Colonias," the authors investigated how children in Hidalgo County living in colonias (impoverished neighborhoods along the U.S.-Mexico border) felt about their opportunities (or lack thereof) to exercise and play. The authors conducted focus groups and collected data as part of a research project to produce environmental policy recommendations to promote physical activity among colonia children. They found that safety, cleanliness, parental involvement, and nearness of parks facilitated the children's physical activity.

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