## REACH FY 2018-2023 NOFO

To provide communities the opportunity to improve health, prevent chronic diseases, and reduce health disparities among racial and ethnic populations with the highest risk, or burden, of chronic disease (e.g., hypertension, heart disease, Type 2 diabetes, and obesity).

| Strategies Outcomes in Communities with Health Dispariti  |   |   |  |
|---|---|---|--|
|   | Short   | Intermediate  | Long   |
| <ul> <li>Tobacco</li> <li>Collaborate with partners to promote tobacco free living in priority population(s) to:</li> <li>Support implementation of tobacco free policies within workplaces and multi-unit housing.</li> <li>Support and leverage CDC's national tobacco education campaigns</li> <li>Promote community-based, culturally-appropriate tobacco-free living messages</li> <li>Work with health care providers to include tobacco-free living screening and counseling</li> <li>Train community-level spokespersons to communicate on tobacco-free living</li> <li>Inform and educate leaders, decision makers and the public about the evidence-based solutions to protect workers and multi-unit housing residents from exposure to secondhand smoke</li> <li>Engage and leverage community stakeholders and</li> </ul>  | (1-3 years)<br>Demonstrated<br>progress on<br>activities to increase<br>tobacco free living   | (4-5 years)<br>Increased number of<br>workplaces and<br>multi-unit housing<br>complexes that<br>implement tobacco<br>free policies<br>Increased number of<br>persons in<br>workplaces and<br>multi-unit housing<br>complexes with<br>tobacco free policies  | (Beyond Project Period)<br>Increased tobacco free<br>living, increased<br>purchasing of healthier<br>foods, and increased<br>physical activity in racial |
| <ul> <li>assets to address healthier retail options<br/>Nutrition</li> <li>Collaborate with partners to improve nutrition in priority<br/>population(s) to:</li> <li>Establish healthy nutrition standards in key institutions<br/>such as hospitals, afterschool and recreation programs,<br/>community health centers, faith-based organizations,<br/>food banks/pantries, and early care and education</li> <li>Work with food vendors, distributors and producers to<br/>enhance healthier food procurement and sales</li> <li>Make improvements to local programs/systems (e.g.,<br/>voucher incentive programs, increased electronic benefit<br/>transfer acceptance where food is purchased, improved<br/>public transportation routes to food stores, access to<br/>healthier foods at community venues</li> <li>Implement continuity of care/community support for<br/>breastfeeding by incorporating services into existing<br/>community support services</li> </ul> | Demonstrated<br>progress on<br>activities to improve<br>nutrition and<br>increase access to<br>healthier foods  | Increased number of<br>places offering<br>healthier foods<br>Increased number of<br>persons with access<br>to healthier foods<br>Increased number of<br>continuity of<br>care/community<br>support actions<br>implemented for<br>breastfeeding  | and ethnic populations   |
| Physical Activity           Collaborate with partners to improve physical activity in priority population(s) to connect sidewalks, paths, bicycle routes, public transit with homes, early care and education, schools, worksites, parks, or recreation centers through implementing master plans and land use interventions to:           • Establish new or improved pedestrian, bicycle, or transit transportation systems (i.e., activity-friendly routes) that are combined with new or improved land use or environmental design (i.e., connecting everyday destinations).           Collaborate with partners to increase referral and access to community-based health programs for the priority population(s)  | Demonstrated<br>progress on<br>activities to connect<br>safe and accessible<br>places for physical<br>activity<br>Demonstrated<br>progress on<br>activities to increase<br>access to relevant | Increased number of<br>places that improve<br>community design<br>by connecting safe<br>and accessible<br>places for physical<br>activity<br>Increased number of<br>persons with safe<br>and accessible<br>places for physical<br>activity<br>Increased use of<br>appropriate and<br>locally available<br>health or community | Reduced health<br>disparities in chronic<br>conditions (i.e.,<br>hypertension, heart<br>disease, type 2<br>diabetes, and obesity)                        |
| <ul> <li>Promote the use of appropriate and locally available programs for individuals in the priority population(s)</li> <li>Expand the use of health professionals such as Community Health Workers, patient navigators, and, pharmacists, to increase referral of individuals in the priority population(s) to appropriate and locally available health and preventive care programs</li> </ul>  | health or community<br>programs for the<br>priority population.   | programs  |  |