

Making Healthy Living Easier

Community Transformation Grants Program

The Centers for Disease Control and Prevention (CDC) continues its long-standing dedication to improving the health and wellness of all Americans with the Community Transformation Grants (CTG) program. CDC supports and enables communities to identify their leading health problems and design programs that work for them. The CTG program gives communities the opportunity to develop and implement initiatives to prevent chronic diseases, the leading causes of death and disability.

The CTG program's goal is to create healthier communities by making healthy living easier and more affordable where people work, live, learn, and play. The CTG program will improve the health of the nation by improving weight, nutrition, physical activity, tobacco use, and emotional well-being and overall mental health.

The CTG program is funded by the Affordable Care Act's Prevention and Public Health Fund and is expected to run for 5 years and reach more than 1 in 3 U.S. citizens—about 120 million Americans.

Chronic Disease in the United States

Chronic diseases cause 7 out of 10 deaths among Americans each year, and nearly half of adults have at least one chronic illness. Three of every four dollars spent on health care in the United States are related to chronic diseases. The indirect costs of chronic conditions—including missed days of work or school, disability, and reduced work output—may be several times higher than the direct medical costs.

Investing in Healthier Communities Across the Country

The CTG program awarded \$103 million to 61 state and local government agencies, tribes and territories, and nonprofit organizations in 36 states, along with nearly \$4 million to 6 national networks of community-based organizations. Awardees are engaging partners from multiple sectors, such as education, transportation, and business, as well as faith-based organizations. They also are providing sub-awards to community-based organizations to ensure broad participation in creating community change. Additionally, \$25 million is being used to support awardees with evaluation, communication, and technical assistance and training.

- Implementation awards were made to 35 communities to apply proven programs and policies to improve their community's health and wellness.



- Capacity-building awards were made to 26 communities to build a solid foundation for community prevention efforts to ensure long-term success.
- Awards were made to 6 national networks to engage community members and to help extend CTG program work across the nation, particularly in rural and frontier areas and communities that face significant barriers to better health.

Twenty percent of the funding is directed at programs and policies in rural or frontier areas.

Focusing on Priorities for Healthier Living

All awardees are improving health and wellness with strategies that focus on

1. Tobacco-free living.
2. Active living and healthy eating.
3. High-impact quality clinical and other preventive services to prevent and control high blood pressure and high cholesterol.

Awardees may also focus on disease prevention and health promotion, including social and emotional wellness (such as facilitating the early identification of mental health needs and access to quality services) and healthy and safe physical environments.

Examples of specific community interventions include

- Instituting standards-based physical education instruction in schools.
- Promoting healthy eating by supporting local farmers and developing small grocery stores where people live.
- Protecting people from secondhand smoke exposure.
- Improving community environments to make it safe and easy for people to walk and ride bikes.

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| Implementation States and Communities | Award Amount |
|---|--------------|
| Broward Regional Health Planning Council (Florida) | \$1,766,476 |
| City of Austin Health and Human Services Department (Texas) | \$1,026,158 |
| County of San Diego Health and Human Services Agency (California) | \$3,053,793 |
| Denver Health and Hospital Authority (Colorado) | \$610,345 |
| Douglas County Health Department (Nebraska) | \$510,199 |
| Hennepin County Human Services and Public Health Department (Minnesota) | \$1,156,212 |
| Illinois Department of Public Health | \$4,781,121 |
| Iowa Department of Public Health | \$3,007,856 |
| Los Angeles County Department of Public Health (California) | \$9,848,011 |
| Louisville Metro Department of Public Health and Wellness (Kentucky) | \$721,594 |
| Maine Department of Health and Human Services/Maine CDC | \$1,318,301 |
| Maryland Department of Health and Mental Hygiene | \$1,945,289 |
| Massachusetts Department of Public Health | \$1,505,006 |
| Massachusetts Department of Public Health (Middlesex County) | \$1,574,982 |
| Mid-America Regional Council Community Services Corporation (Missouri) | \$705,708 |
| Minnesota Department of Health | \$3,603,724 |
| Montana Department of Public Health and Human Services | \$769,195 |
| New Mexico Department of Health | \$1,500,000 |
| North Carolina Division of Public Health | \$7,466,092 |
| Oklahoma City-County Health Department | \$716,704 |
| Philadelphia Department of Public Health (Pennsylvania) | \$1,547,297 |
| Public Health Institute (California) | \$5,926,365 |
| San Francisco Department of Public Health (California) | \$815,358 |
| Sault Ste. Marie Tribe of Chippewa Indians (Michigan) | \$500,000 |
| South Carolina Department of Health and Environmental Control | \$4,624,724 |
| South Dakota Department of Health | \$812,383 |
| Southeast Alaska Regional Health Consortium | \$499,588 |
| Tacoma-Pierce County Health Department (Washington) | \$796,836 |
| Texas Department of State Health Services | \$10,000,000 |
| The Fund for Public Health in New York | \$8,391,881 |
| University Health Services, University of Wisconsin-Madison | \$4,695,253 |
| University of Rochester Medical Center (New York) | \$733,703 |
| Vermont Department of Health | \$621,760 |
| Washington State Department of Health | \$3,256,347 |
| West Virginia Bureau for Public Health | \$1,883,603 |

Learn more at www.cdc.gov/communitytransformation/funds/programs.htm.

For More Information

For more information about the Community Transformation Grants program, visit www.cdc.gov/communitytransformation, or call 800-CDC-INFO (800-232-4636).

| Capacity-Building States and Communities | Award Amount |
|---|--------------|
| Austen BioInnovation Institute (Ohio) | \$500,000 |
| Bernalillo County Office of Environmental Health (New Mexico) | \$497,353 |
| Cobb Public Health (Georgia) | \$499,000 |
| Confederated Tribes of The Chehalis Reservation (Washington) | \$498,663 |
| Connecticut Department of Public Health | \$493,891 |
| County of Kern, Public Health Services Department (California) | \$416,577 |
| Fairfax County Department of Neighborhood and Community Services (Virginia) | \$499,559 |
| Fresno County Department of Public Health (California) | \$499,695 |
| Great Lakes Inter-Tribal Council, Inc. (Wisconsin) | \$499,982 |
| Houston Department of Health and Human Services (Texas) | \$500,000 |
| Lancaster General Health (Pennsylvania) | \$233,577 |
| Louisiana Department of Health and Hospitals | \$500,000 |
| My Brother's Keeper, Inc. (Mississippi) | \$500,000 |
| New Jersey Prevention Network | \$500,000 |
| North Dakota Department of Health | \$370,684 |
| Public Health-Dayton and Montgomery County (Ohio) | \$180,246 |
| Sierra Health Foundation (California) | \$499,229 |
| Sophie Trettevick Indian Health Center (Washington) | \$218,929 |
| Spectrum Health Hospitals (Michigan) | \$333,321 |
| Stanislaus County Health Services Agency (California) | \$293,899 |
| Toiyabe Indian Health Project (California) | \$500,000 |
| Ulkerreuil A Klengar (Republic of Palau) | \$147,106 |
| Unlawful Narcotics Investigation Treatment Education, Inc. (UNITE) (Kentucky) | \$500,000 |
| Utah Department of Health | \$499,366 |
| Ventura County Public Health (California) | \$481,036 |
| Yukon-Kuskokwim Health Corporation (Alaska) | \$193,340 |

Learn more at www.cdc.gov/communitytransformation/funds/programs.htm#capacity.

| National Networks | Award Amount |
|---|--------------|
| American Lung Association | \$800,000 |
| American Public Health Association | \$300,000 |
| Asian Pacific Partners for Empowerment, Advocacy and Leadership | \$300,000 |
| Community Anti-Drug Coalitions of America | \$300,000 |
| National REACH Coalition | \$900,000 |
| YMCA of the USA | \$1,300,000 |

Learn more at <http://www.cdc.gov/communitytransformation/network/funded.htm>.