Hospitalization Can Increase the Risk for Blood Clots

Hospitalization, particularly involving physical trauma, surgery, or prolonged immobility, increases the risk for blood clots.

OTHER RISK FACTORS INCLUDE

- Pregnancy
- Cancer and its treatment
- Family or personal history of blood clots
- Birth control or hormone therapy with estrogen
- Smoking
- Overweight
- Age 55 or older
- Long-term diseases such as heart or lung conditions, or diabetes

Visit [www.stoptheclot.org/spreadtheword](http://www.stoptheclot.org/spreadtheword) for more information.