Be careful with food and water.

Always ask an adult before you:

- Drink water
- Take a bath
- Eat food
- Brush your teeth

Remember:
Always wash your hands with soap and clean water.
Be careful outdoors.
Which activities keep you safe after a flood?

1. Going near power lines in your yard. [Safe or Not Safe]
2. Putting bug spray on your body so you don't get bug bites. [Safe or Not Safe]
3. Playing around puddles, rivers, or streams. [Safe or Not Safe]
4. Throwing away toys and clothes that have been in floodwater. [Safe or Not Safe]
5. Touching dead animals. [Safe or Not Safe]
6. Playing with stray dogs or cats or snakes or other wild animals. [Safe or Not Safe]

Tell an adult if you smell something bad or hear a hissing noise (like a snake) in your house.

You may feel sick after a flood.

Always tell an adult if you don’t feel well.

If you feel sick at night, go tell an adult like your mom or dad. Call 9-1-1 if you can’t find an adult.
You and your family may be sad after a flood.

After a flood, you and your family may feel sad or angry. This is normal.

**Here are some things you can do if you’re feeling sad:**

- ✔ Talk about your feelings with your parents or a friend.
- ✔ Do something fun.
  - Listen to music or read.
- ✔ Be kind to others.
  - Doing things for others will make you feel better.
- ✔ Eat healthy food like an apple.
- ✔ Get plenty of sleep at night.
Draw a picture or write a story about the flood.

What makes you happy?

What is your favorite book? ____________________________________________________

What is your favorite song? ___________________________________________________

What games do you like playing with friends? ____________________________________
Find these items in the picture:

- Apple
- Banana
- Baseball Bat
- Bird
- Broom
- Corn
- Flower
- Football
- Grapes
- Toothbrush
Being Safe After a Flood Maze

Look for the **safe** activities. They will help guide you to the end.

- Throw away toys that have been in floodwater
- Wash your hands
- Play in water
- Eat healthy foods
- Go near power lines
- Ask an adult before you drink water
- Touch dead animals
- Play with wild animals