This project was funded under CDC cooperative agreement CDC-RFA-DD16-1603: *Improving the Health of People with Mobility Limitations and Intellectual Disabilities through State-based Public Health Programs*. The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.
Approach: Inclusive health programming

- Inclusive and accessible public health programming
  - Community engagement (advisory group)
  - Supportive leadership
  - Capacity building
  - Inclusive health program strategies
  - Accessible communications

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Outcomes: Increase in internal capacity to reach and serve Vermonters with disabilities

- Increased the percent of HPDP staff trained in best practices from 0% to 75%
- 10 out of 10 chronic disease prevention programs have implemented inclusive health programming strategies
- 89 technical assistance sessions have been provided to department staff over the past 3 years
- 33 Programmatic, policy, systems, and environmental change strategies have been implemented
- 32 chronic disease resources shared with advisory group member organizations and their constituents

2019-2023 Vermont State Health Improvement Plan identifies people with disabilities as a priority population of focus

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## Outcomes: Public health programming that is more accessible to Vermonters of all abilities

<table>
<thead>
<tr>
<th>Program</th>
<th>Reach</th>
<th>Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>You First (WISEWOMAN and NBCCEDP)</td>
<td>50,000</td>
<td>Assessed all 16 mammography facilities in Vermont for physical accessibility.</td>
</tr>
<tr>
<td>Worksite Wellness</td>
<td>22,700</td>
<td>Messaging and strategies added to the Worksite Wellness Toolkit to ensure wellness programming is inclusive and accessible.</td>
</tr>
<tr>
<td>Diabetes Management</td>
<td>1,491</td>
<td>Added two screening questions to the My Healthy VT registration form regarding accommodations needed to participate in self-management programs.</td>
</tr>
<tr>
<td>Oral Health</td>
<td>60</td>
<td>Provided training to Oral Health Coalition members about health disparities experienced by people with disabilities and opportunities to reduce barriers to dental care.</td>
</tr>
</tbody>
</table>

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Adapting 1603 to the COVID emergency response

- Health Equity and Community Engagement Team
- Consultation with topic experts
- Inclusive data reporting
- Accessible vaccine clinic design
- COVID Relief Funding agreements with community partners

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