It’s your life. No one can protect it better than you.
— JUDI, BREAST CANCER SURVIVOR

If you are between the ages of 40 to 49, talk to your doctor about when and how often you should have a screening mammogram. If you are between the ages of 50 to 74, be sure to have a screening mammogram every two years.

BREAST CANCER SCREENING ➤ THE RIGHT TO KNOW

For more information, visit www.cdc.gov/RightToKnow or call 1–800–CDC–INFO (232–4636) 1–888–232–6348 (TTY)

Centers for Disease Control and Prevention
National Center on Birth Defects and Developmental Disabilities