This fact sheet provides an overview of disability in Washington (WA) compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Washington.

**A Snapshot of Disability in Washington***

This fact sheet provides an overview of disability in Washington (WA) compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Washington.

**Disability Costs in HEALTHCARE EXPENDITURES**

$8.1 billion per year ** in Washington

Adults with Disabilities are more likely to:

- **be inactive**
  - Adults with disabilities: 33.1% in Washington, 42.2% in the U.S.
  - Adults without disabilities: 16.5% in Washington, 24.3% in the U.S.

- **have high blood pressure**
  - Adults with disabilities: 38.5% in Washington, 41.9% in the U.S.
  - Adults without disabilities: 24.2% in Washington, 25.9% in the U.S.

- **smoke**
  - Adults with disabilities: 26.6% in Washington, 27.8% in the U.S.
  - Adults without disabilities: 10.3% in Washington, 13.4% in the U.S.

- **have obesity**
  - Adults with disabilities: 26.3% in Washington, 39.5% in the U.S.
  - Adults without disabilities: 24.6% in Washington, 37.0% in the U.S.

**Percentage of adults with select functional disability types***

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>Adults with Disabilities</th>
<th>Adults without Disabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOBILITY</td>
<td>12.9% in Washington</td>
<td>10.4% in the U.S.</td>
</tr>
<tr>
<td>COGNITION</td>
<td>11.4% in Washington</td>
<td>10.6% in the U.S.</td>
</tr>
<tr>
<td>INDEPENDENT LIVING</td>
<td>7.0% in Washington</td>
<td>6.1% in the U.S.</td>
</tr>
<tr>
<td>HEARING</td>
<td>5.6% in Washington</td>
<td>5.8% in the U.S.</td>
</tr>
<tr>
<td>VISION</td>
<td>4.7% in Washington</td>
<td>3.6% in the U.S.</td>
</tr>
<tr>
<td>SELF-CARE</td>
<td>3.8% in Washington</td>
<td>3.4% in the U.S.</td>
</tr>
</tbody>
</table>

**Types of Disabilities Comparing U.S. with Washington**

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 26% of total healthcare expenditures for the state of Washington.

For more information go to www.cdc.gov/disabilities