A Snapshot of Disability in Virginia*

This fact sheet provides an overview of disability in Virginia compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Virginia.

Disability Costs in HEALTHCARE EXPENDITURES

$8 billion per year** in Virginia

Adults with Disabilities are more likely to*

- be inactive
  - Adults with disabilities in the U.S.: 42.2%
  - Adults without disabilities in the U.S.: 24.3%
  - Adults with disabilities in Virginia: 42.5%
  - Adults without disabilities in Virginia: 23.1%

- have high blood pressure
  - Adults with disabilities in the U.S.: 41.9%
  - Adults without disabilities in the U.S.: 25.9%
  - Adults with disabilities in Virginia: 43.5%
  - Adults without disabilities in Virginia: 26.0%

- smoke
  - Adults with disabilities in the U.S.: 27.8%
  - Adults without disabilities in the U.S.: 13.4%
  - Adults with disabilities in Virginia: 27.0%
  - Adults without disabilities in Virginia: 13.7%

- have obesity
  - Adults with disabilities in the U.S.: 39.5%
  - Adults without disabilities in the U.S.: 26.3%
  - Adults with disabilities in Virginia: 40.3%
  - Adults without disabilities in Virginia: 26.5%

Percentage of adults with select functional disability types*

- MOBILITY: Serious difficulty walking or climbing stairs
- COGNITION: Serious difficulty concentrating, remembering, or making decisions
- INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- HEARING: Deafness or serious difficulty hearing
- VISION: Blind or serious difficulty seeing, even when wearing glasses
- SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Virginia

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 23% of total healthcare expenditures for the state of Virginia.