Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

126,258 adults in Vermont have a disability¹
This is equal to 24% or 1 in 4 adults in Vermont

Adults with disabilities in Vermont experience health disparities and are more likely to...¹

- **Have Depression**: 50% with disability, 21% without
- **Have Obesity**: 39% with disability, 25% without
- **Smoke**: 27% with disability, 12% without
- **Have Diabetes**: 13% with disability, 5% without
- **Have Heart Disease**: 9% with disability, 3% without

Visit dhds.cdc.gov for more disability and health data across the United States.

$\text{DISABILITY HEALTHCARE COSTS IN VERMONT}²$

- About $2.2 \text{ BILLION}$ per year, or up to 36% of the state’s healthcare spending
- About $20,096 per person with a disability

Learn how CDC and state programs support people with disabilities at
www.cdc.gov/ncbddd/disabilityandhealth/programs.html.

¹ Data Source: 2021 Behavioral Risk Factor Surveillance System (BRFSS).