A Snapshot of Disability in Vermont*

This fact sheet provides an overview of disability in Vermont compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Vermont.

Disability Costs in HEALTHCARE EXPENDITURES

$941 million per year** in Vermont

Adults with Disabilities are more likely to*

- be inactive
  - Adults with disabilities: 42.2% in the U.S., 36.1% in Vermont
  - Adults without disabilities: 24.3% in the U.S., 18.3% in Vermont

- have high blood pressure
  - Adults with disabilities: 41.9% in the U.S., 37.2% in Vermont
  - Adults without disabilities: 25.9% in the U.S., 23.1% in Vermont

- smoke
  - Adults with disabilities: 27.8% in the U.S., 29.1% in Vermont
  - Adults without disabilities: 13.4% in the U.S., 13.5% in Vermont

- have obesity
  - Adults with disabilities: 39.5% in the U.S., 36.4% in Vermont
  - Adults without disabilities: 26.3% in the U.S., 23.9% in Vermont

Percentage of adults with select functional disability types*

- MOBILITY: Serious difficulty walking or climbing stairs
- COGNITION: Serious difficulty concentrating, remembering, or making decisions
- INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- HEARING: Deafness or serious difficulty hearing
- VISION: Blind or serious difficulty seeing, even when wearing glasses
- SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Vermont

** Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 26% of total healthcare expenditures for the state of Vermont.