MOBILITY: Serious difficulty walking or climbing stairs  
COGNITION: Serious difficulty concentrating, remembering, or making decisions  
INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping  
HEARING: Deafness or serious difficulty hearing  
VISION: Blind or serious difficulty seeing, even when wearing glasses  
SELF-CARE: Difficulty dressing or bathing  

Adults with Disabilities are more likely to*  

- **be inactive**  
  - Adults with disabilities in U.S.: 42.2%  
  - Adults with disabilities in Utah: 34.7%  
  - Adults without disabilities in U.S.: 24.3%  
  - Adults without disabilities in Utah: 20.2%  

- **smoke**  
  - Adults with disabilities in U.S.: 27.8%  
  - Adults with disabilities in Utah: 17.6%  
  - Adults without disabilities in U.S.: 13.4%  
  - Adults without disabilities in Utah: 6.6%  

- **have high blood pressure**  
  - Adults with disabilities in U.S.: 41.9%  
  - Adults with disabilities in Utah: 33.7%  
  - Adults without disabilities in U.S.: 25.9%  
  - Adults without disabilities in Utah: 22.7%  

- **have obesity**  
  - Adults with disabilities in U.S.: 39.5%  
  - Adults with disabilities in Utah: 34.5%  
  - Adults without disabilities in U.S.: 26.3%  
  - Adults without disabilities in Utah: 22.9%  

Percentage of adults with select functional disability types *  

Types of Disabilities Comparing U.S. with Utah  

- **MOBILITY**  
  - United States: 12.9%  
  - Utah: 9.6%  

- **COGNITION**  
  - United States: 11.4%  
  - Utah: 10.6%  

- **INDEPENDENT LIVING**  
  - United States: 7.0%  
  - Utah: 6.4%  

- **HEARING**  
  - United States: 5.6%  
  - Utah: 4.7%  

- **VISION**  
  - United States: 4.8%  
  - Utah: 3.2%  

- **SELF-CARE**  
  - United States: 3.8%  
  - Utah: 2.5%  

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).  
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 22% of total healthcare expenditures for the state of Utah.