Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

Adults with disabilities in Texas experience health disparities and are more likely to...

- Have Obesity
- Smoke
- Have Diabetes
- Have Heart Disease

**Disability Types**
- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor’s office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

**Disability Healthcare Costs in Texas**
- **$56.7 BILLION** per year, or up to **32%** of the state’s healthcare spending
- **$17,189** per person with a disability

*(Note: Data are rounded to the nearest whole figure. For more precise prevalence data, please visit dhdscdc.gov.)*

Learn how CDC and state programs support people with disabilities at [www.cdc.gov/ncbddd/disabilityandhealth/programs.html](http://www.cdc.gov/ncbddd/disabilityandhealth/programs.html).