Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

1,552,858 adults in Tennessee have a disability¹
This is equal to 29% or 1 in 3 adults in Tennessee

Percentage of adults in Tennessee with select functional disability types

- Mobility: 14%
- Cognition: 15%
- Independent Living: 8%
- Hearing: 7%
- Vision: 6%
- Self-care: 4%

Adults with disabilities in Tennessee experience health disparities and are more likely to...

- Have Depression: 50% with disability, 16% without
- Have Obesity: 41% with disability, 33% without
- Smoke: 32% with disability, 15% without
- Have Diabetes: 18% with disability, 9% without
- Have Heart Disease: 11% with disability, 4% without

Visit dhds.cdc.gov for more disability and health data across the United States.

Disability Types
- Mobility: Serious difficulty walking or climbing stairs
- Cognition: Serious difficulty concentrating, remembering, or making decisions
- Independent living: Serious difficulty doing errands alone, such as visiting a doctor’s office
- Hearing: Deafness or serious difficulty hearing
- Vision: Blind or serious difficulty seeing, even when wearing glasses
- Self-care: Difficulty dressing or bathing

$DISABILITY HEALTHCARE COSTS IN TENNESSEE²$

- About $17.5 BILLION per year, or up to 38% of the state’s healthcare spending
- About $13,925 per person with a disability

Learn how CDC and state programs support people with disabilities at www.cdc.gov/ncbddd/disabilityandhealth/programs.html.

¹NOTE: DATA ARE ROUNDED TO THE NEAREST WHOLE FIGURE. FOR MORE PRECISE PREVALENCE DATA, PLEASE VISIT DHDS.CDC.GOV.
²DATA SOURCE: 2020 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS).
³STATE-LEVEL HEALTH CARE EXPENDITURES ASSOCIATED WITH DISABILITY. 2021. PUBLIC HEALTH REP.