Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

1,197,085 adults in Puerto Rico have a disability\(^1\)

This is equal to 42\% or 1 in 3 adults in Puerto Rico

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Disability Types

- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor’s office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

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Adults with disabilities in **Puerto Rico** experience health disparities and are more likely to...

- **Have Obesity**: 38\% with disability, 28\% without disability
- **Smoke**: 13\% with disability, 8\% without disability
- **Have Diabetes**: 18\% with disability, 11\% without disability
- **Have Heart Disease**: 13\% with disability, 5\% without disability

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Visit [dhds.cdc.gov](http://dhds.cdc.gov) for more disability and health data across the United States.

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Learn how CDC and state programs support people with disabilities at [www.cdc.gov/ncbddd/disabilityandhealth/programs.html](http://www.cdc.gov/ncbddd/disabilityandhealth/programs.html).

**Note**: Data are rounded to the nearest whole figure. For more precise prevalence data, please visit [dhds.cdc.gov](http://dhds.cdc.gov).