Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

1,170,067 adults in Puerto Rico have a disability¹

This is equal to 43% or nearly 1 in 2 adults in Puerto Rico

<table>
<thead>
<tr>
<th>Disability Types</th>
<th>Percentage of Adults in Puerto Rico</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>21%</td>
</tr>
<tr>
<td>Cognition</td>
<td>18%</td>
</tr>
<tr>
<td>Independent Living</td>
<td>12%</td>
</tr>
<tr>
<td>Hearing</td>
<td>10%</td>
</tr>
<tr>
<td>Vision</td>
<td>20%</td>
</tr>
<tr>
<td>Self-care</td>
<td>7%</td>
</tr>
</tbody>
</table>

Disability Types

- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor's office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

Adults with disabilities in **Puerto Rico** experience health disparities and are more likely to...

- **Have Depression**: 28% with disability vs. 6% without disability
- **Have Obesity**: 35% with disability vs. 28% without disability
- **Smoke**: 11% with disability vs. 9% without disability
- **Have Diabetes**: 26% with disability vs. 8% without disability
- **Have Heart Disease**: 15% with disability vs. 4% without disability

Visit [dhds.cdc.gov](http://dhds.cdc.gov) for more disability and health data across the United States.

Learn how CDC and state programs support people with disabilities at [www.cdc.gov/ncbddd/disabilityandhealth/programs.html](http://www.cdc.gov/ncbddd/disabilityandhealth/programs.html).

**NOTE**: DATA ARE ROUNDED TO THE NEAREST WHOLE FIGURE. FOR MORE PRECISE PREVALENCE DATA, PLEASE VISIT DHDS.CDC.GOV.

1. **DATA SOURCE**: 2020 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS).