Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

**885,741 adults in Oregon have a disability**

This is equal to 26% or 1 in 4 adults in Oregon

**Disability Types**
- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor’s office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

Adults with disabilities in Oregon experience health disparities and are more likely to...

- Have Depression: 15% versus 47%
- Have Obesity: 25% versus 38%
- Smoke: 11% versus 23%
- Have Diabetes: 6% versus 14%
- Have Heart Disease: 3% versus 8%

**Disability Healthcare Costs in Oregon**

- About $11.9 BILLION per year, or up to 40% of the state’s healthcare spending
- About $16,127 per person with a disability

Learn how CDC and state programs support people with disabilities at www.cdc.gov/ncbddd/disabilityandhealth/programs.html.