Disability Impacts ALL of US

Each of us may experience a disability in our lifetime.

**Disability Costs in Healthcare Expenditures**

$870 million per year* in North Dakota

Despite progress, adults with disabilities in North Dakota and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

**A Snapshot of Disability in North Dakota**

This fact sheet provides an overview of disability in North Dakota (ND) compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in North Dakota.

**Percentage of adults with select functional disability types:**

- **Mobility:** Serious difficulty walking or climbing stairs.
- **Cognition:** Serious difficulty concentrating, remembering, or making decisions.
- **Independent Living:** Difficulty doing errands alone, such as visiting a doctor’s office or shopping.
- **Vision:** Blind or serious difficulty seeing, even when wearing glasses.
- **Self-Care:** Difficulty dressing or bathing.

*Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 25% of total healthcare expenditures for the state of North Dakota.

**In 2013 and 2014, the Behavioral Risk Factor Surveillance System (BRFSS) did not ask participants about deafness or serious difficulty hearing; however, BRFSS began collecting this information in 2016.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)