Disability Impacts ALL of US

Each of us may experience a disability in our lifetime.

CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in New Mexico

This fact sheet provides an overview of disability in New Mexico (NM) compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in New Mexico.

Disability Costs in Healthcare Expenditures

$2.2 billion per year* in New Mexico

Adults with Disabilities are more likely to

- be inactive
  - Adults with disabilities: 43.0% in the U.S., 39.8% in New Mexico
  - Adults without disabilities: 24.3% in the U.S., 20.7% in New Mexico

- have high blood pressure
  - Adults with disabilities: 42.9% in the U.S., 38.0% in New Mexico
  - Adults without disabilities: 26.8% in the U.S., 23.7% in New Mexico

- smoke
  - Adults with disabilities: 30.6% in the U.S., 32.8% in New Mexico
  - Adults without disabilities: 14.6% in the U.S., 16.5% in New Mexico

- be obese
  - Adults with disabilities: 39.6% in the U.S., 39.6% in New Mexico
  - Adults without disabilities: 25.3% in the U.S., 25.3% in New Mexico

Percentage of adults with select functional disability types: **

** Types of Disabilities

Comparing U.S. with NM

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>United States</th>
<th>New Mexico</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOBILITY</td>
<td>13.1%</td>
<td>15.0%</td>
</tr>
<tr>
<td>COGNITION</td>
<td>10.8%</td>
<td>12.0%</td>
</tr>
<tr>
<td>INDEPENDENT LIVING</td>
<td>6.6%</td>
<td>7.6%</td>
</tr>
<tr>
<td>VISION</td>
<td>4.7%</td>
<td>5.0%</td>
</tr>
<tr>
<td>SELF-CARE</td>
<td>3.6%</td>
<td>4.3%</td>
</tr>
</tbody>
</table>

* Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 27% of total healthcare expenditures for the state of New Mexico.

** In 2013 and 2014, the Behavioral Risk Factor Surveillance System (BRFSS) did not ask participants about deafness or serious difficulty hearing; however, BRFSS began collecting this information in 2016.

For more information go to www.cdc.gov/disabilities