Each of us may experience a disability in our lifetime.

This fact sheet provides an overview of disability in New Mexico compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in New Mexico.

Despite progress, adults with disabilities in New Mexico and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

**Disability Costs in HEALTHCARE EXPENDITURES**

$2.2 billion per year**

in New Mexico

**Percentage of adults with select functional disability types**

**Types of Disabilities Comparing U.S. with New Mexico**

- **Mobility:** Serious difficulty walking or climbing stairs
- **Cognition:** Serious difficulty concentrating, remembering, or making decisions
- **Independent Living:** Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **Hearing:** Deafness or serious difficulty hearing
- **Vision:** Blind or serious difficulty seeing, even when wearing glasses
- **Self-Care:** Difficulty dressing or bathing

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 27% of total healthcare expenditures for the state of New Mexico.