**Disability Impacts ALL of US**

Each of us may experience a disability in our lifetime.

CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

**A Snapshot of Disability in New Jersey***

This fact sheet provides an overview of disability in New Jersey compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in New Jersey.

**Disability Costs in HEALTHCARE EXPENDITURES**

$12.4 billion per year** in New Jersey

Despite progress, adults with disabilities in New Jersey and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

**Percentage of adults with select functional disability types***

<table>
<thead>
<tr>
<th>Type of Disability</th>
<th>U.S.</th>
<th>New Jersey</th>
<th>U.S.</th>
<th>New Jersey</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inactive</td>
<td>42.2%</td>
<td>44.3%</td>
<td>24.3%</td>
<td>26.2%</td>
</tr>
<tr>
<td>High blood pressure</td>
<td>41.9%</td>
<td>43.3%</td>
<td>25.9%</td>
<td>25.9%</td>
</tr>
<tr>
<td>Smoke</td>
<td>27.8%</td>
<td>23.5%</td>
<td>13.4%</td>
<td>11.4%</td>
</tr>
<tr>
<td>Obesity</td>
<td>39.5%</td>
<td>38.6%</td>
<td>26.3%</td>
<td>22.5%</td>
</tr>
</tbody>
</table>

**Types of Disabilities Comparing U.S. with New Jersey**

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 26% of total healthcare expenditures for the state of New Jersey.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)