Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

### Percentage of adults in New Jersey with select functional disability types

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>11%</td>
</tr>
<tr>
<td>Cognition</td>
<td>6%</td>
</tr>
<tr>
<td>Independent Living</td>
<td>5%</td>
</tr>
<tr>
<td>Hearing</td>
<td>4%</td>
</tr>
<tr>
<td>Vision</td>
<td>3%</td>
</tr>
<tr>
<td>Self-care</td>
<td>3%</td>
</tr>
</tbody>
</table>

#### Disability Types
- **Mobility**: Serious difficulty walking or climbing stairs
- **Cognition**: Serious difficulty concentrating, remembering, or making decisions
- **Independent living**: Serious difficulty doing errands alone, such as visiting a doctor's office
- **Hearing**: Deafness or serious difficulty hearing
- **Vision**: Blind or serious difficulty seeing, even when wearing glasses
- **Self-care**: Difficulty dressing or bathing

### Adults with disabilities in New Jersey experience health disparities and are more likely to...

1. **Have Obesity**: 36%
2. **Smoke**: 22%
3. **Have Diabetes**: 16%
4. **Have Heart Disease**: 3%

#### With Disability vs. Without Disability

Visit dhds.cdc.gov for more disability and health data across the United States.

### Disability Healthcare Costs in New Jersey

- About **$24.8 BILLION** per year, or up to **33%** of the state's healthcare spending
- About **$21,415** per person with a disability

Learn more about CDC and state programs support people with disabilities at www.cdc.gov/ncbddd/disabilityandhealth/programs.html.