A Snapshot of Disability in New Hampshire*

This fact sheet provides an overview of disability in New Hampshire compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in New Hampshire.

Disability Costs in HEALTHCARE EXPENDITURES

$1.7 billion per year** in New Hampshire

Adults with Disabilities are more likely to*

- be inactive
  - Adults with disabilities: 24.3% in the U.S., 19.9% in New Hampshire
  - Adults without disabilities: 24.3% in the U.S., 19.9% in New Hampshire

- smoke
  - Adults with disabilities: 13.4% in the U.S., 13.3% in New Hampshire
  - Adults without disabilities: 13.4% in the U.S., 13.3% in New Hampshire

- have high blood pressure
  - Adults with disabilities: 25.9% in the U.S., 23.7% in New Hampshire
  - Adults without disabilities: 25.9% in the U.S., 23.7% in New Hampshire

- have obesity
  - Adults with disabilities: 26.3% in the U.S., 23.9% in New Hampshire
  - Adults without disabilities: 26.3% in the U.S., 23.9% in New Hampshire

Percentage of adults with select functional disability types*

- MOBILITY: Serious difficulty walking or climbing stairs
- COGNITION: Serious difficulty concentrating, remembering, or making decisions
- INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- HEARING: Deafness or serious difficulty hearing
- VISION: Blind or serious difficulty seeing, even when wearing glasses
- SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with New Hampshire

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>United States</th>
<th>New Hampshire</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>12.9%</td>
<td>10.2%</td>
</tr>
<tr>
<td>Cognition</td>
<td>11.4%</td>
<td>18.0%</td>
</tr>
<tr>
<td>Independent Living</td>
<td>7.0%</td>
<td>6.7%</td>
</tr>
<tr>
<td>Hearing</td>
<td>5.6%</td>
<td>6.0%</td>
</tr>
<tr>
<td>Vision</td>
<td>3.6%</td>
<td>3.8%</td>
</tr>
<tr>
<td>Self-Care</td>
<td>3.1%</td>
<td>3.1%</td>
</tr>
</tbody>
</table>

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 25% of total healthcare expenditures for the state of New Hampshire.

For more information go to www.cdc.gov/disabilities