Each of us may experience a disability in our lifetime.

**A Snapshot of Disability in Nebraska**

This fact sheet provides an overview of disability in Nebraska (NE) compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Nebraska.

**Disability Costs in HEALTHCARE EXPENDITURES**

$2.3 billion per year* in Nebraska

Adults with Disabilities are more likely to:

- **be inactive**
  - Adults with disabilities
    - in the U.S.: 43.0%
    - in Nebraska: 44.7%
  - Adults without disabilities
    - in the U.S.: 24.3%
    - in Nebraska: 22.1%

- **have high blood pressure**
  - Adults with disabilities
    - in the U.S.: 42.9%
    - in Nebraska: 42.8%
  - Adults without disabilities
    - in the U.S.: 26.8%
    - in Nebraska: 25.2%

- **smoke**
  - Adults with disabilities
    - in the U.S.: 30.6%
    - in Nebraska: 32.9%
  - Adults without disabilities
    - in the U.S.: 14.6%
    - in Nebraska: 15.2%

- **be obese**
  - Adults with disabilities
    - in the U.S.: 39.6%
    - in Nebraska: 40.3%
  - Adults without disabilities
    - in the U.S.: 25.3%
    - in Nebraska: 27.3%

**Percentage of adults with select functional disability types:**

**MOBILITY**: Serious difficulty walking or climbing stairs.

**COGNITION**: Serious difficulty concentrating, remembering, or making decisions.

**INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping.

**VISION**: Blind or serious difficulty seeing, even when wearing glasses.

**SELF-CARE**: Difficulty dressing or bathing.

* Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 25% of total healthcare expenditures for the state of Nebraska.

**In 2013 and 2014, the Behavioral Risk Factor Surveillance System (BRFSS) did not ask participants about deafness or serious difficulty hearing; however, BRFSS began collecting this information in 2016.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)