**Disability Impacts** ALL of US

Each of us may experience a disability in our lifetime.

CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Nebraska*

This fact sheet provides an overview of disability in Nebraska compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Nebraska.

**Disability Costs in HEALTHCARE EXPENDITURES**

$2.3 billion per year** in Nebraska

Adults with Disabilities are more likely to*:

- **be inactive**
  - Adults with disabilities: in the U.S. 42.2% in Nebraska 39.2%
  - Adults without disabilities: in the U.S. 24.3% in Nebraska 23.6%

- **have high blood pressure**
  - Adults with disabilities: in the U.S. 41.9% in Nebraska 36.9%
  - Adults without disabilities: in the U.S. 25.9% in Nebraska 26.0%

- **smoke**
  - Adults with disabilities: in the U.S. 27.8% in Nebraska 28.2%
  - Adults without disabilities: in the U.S. 13.4% in Nebraska 13.1%

- **have obesity**
  - Adults with disabilities: in the U.S. 39.5% in Nebraska 39.5%
  - Adults without disabilities: in the U.S. 26.3% in Nebraska 30.3%

Percentage of adults with select functional disability types*

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Nebraska

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 25% of total healthcare expenditures for the state of Nebraska.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)