A Snapshot of Disability in Montana*

This fact sheet provides an overview of disability in Montana compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Montana.

### MOBILITY:

- Serious difficulty walking or climbing stairs

### COGNITION:

- Serious difficulty concentrating, remembering, or making decisions

### INDEPENDENT LIVING:

- Difficulty doing errands alone, such as visiting a doctor’s office or shopping

### HEARING:

- Deafness or serious difficulty hearing

### VISION:

- Blind or serious difficulty seeing, even when wearing glasses

### SELF-CARE:

- Difficulty dressing or bathing

**Data Source:** 2017 Behavioral Risk Factor Surveillance System (BRFSS).

**Disability costs in healthcare expenditures**

- **Adults with Disabilities are more likely to**
  - **be inactive**
    - Adults with disabilities: in the U.S. 42.2%, in Montana 41.5%
    - Adults without disabilities: in the U.S. 24.3%, in Montana 22.0%
  - **have high blood pressure**
    - Adults with disabilities: in the U.S. 41.9%, in Montana 35.4%
    - Adults without disabilities: in the U.S. 25.9%, in Montana 22.0%
  - **smoke**
    - Adults with disabilities: in the U.S. 27.8%, in Montana 32.6%
    - Adults without disabilities: in the U.S. 13.4%, in Montana 14.1%
  - **have obesity**
    - Adults with disabilities: in the U.S. 39.5%, in Montana 32.3%
    - Adults without disabilities: in the U.S. 26.3%, in Montana 22.0%

**Types of Disabilities Comparing U.S. with Montana**

<table>
<thead>
<tr>
<th>Disability Type</th>
<th>United States</th>
<th>Montana</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mobility</td>
<td>12.9%</td>
<td>12.2%</td>
</tr>
<tr>
<td>Cognition</td>
<td>11.4%</td>
<td>11.3%</td>
</tr>
<tr>
<td>Independent Living</td>
<td>7.0%</td>
<td>6.6%</td>
</tr>
<tr>
<td>Hearing</td>
<td>5.6%</td>
<td>8.4%</td>
</tr>
<tr>
<td>Vision</td>
<td>4.7%</td>
<td>5.2%</td>
</tr>
<tr>
<td>Self-care</td>
<td>3.8%</td>
<td>2.9%</td>
</tr>
</tbody>
</table>

Disability Costs in Healthcare Expenditures:

- **$1.1 billion per year**
  - in Montana

**Despite progress, adults with disabilities in Montana and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.**

**For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)**