Each of us may experience a disability in our lifetime. CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Michigan*

This fact sheet provides an overview of disability in Michigan compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Michigan.

Disability Costs in HEALTHCARE EXPENDITURES

$13.6 billion per year** in Michigan

Adults with Disabilities are more likely to*

- **be inactive**
  - Adults with disabilities: in the U.S. 42.2% in Michigan 43.9%
  - Adults without disabilities: in the U.S. 24.3% in Michigan 23.2%

- **have high blood pressure**
  - Adults with disabilities: in the U.S. 41.9% in Michigan 42.3%
  - Adults without disabilities: in the U.S. 25.9% in Michigan 26.8%

- **smoke**
  - Adults with disabilities: in the U.S. 27.8% in Michigan 31.6%
  - Adults without disabilities: in the U.S. 13.4% in Michigan 15.8%

- **have obesity**
  - Adults with disabilities: in the U.S. 39.5% in Michigan 37.4%
  - Adults without disabilities: in the U.S. 26.3% in Michigan 29.0%

Percentage of adults with select functional disability types*

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Michigan

- **MOBILITY**: 12.9% in United States, 14.6% in Michigan
- **COGNITION**: 11.4% in United States, 13.8% in Michigan
- **INDEPENDENT LIVING**: 7.0% in United States, 8.3% in Michigan
- **HEARING**: 5.6% in United States, 5.8% in Michigan
- **VISION**: 4.7% in United States, 4.4% in Michigan
- **SELF-CARE**: 3.8% in United States, 4.7% in Michigan

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 28% of total healthcare expenditures for the state of Michigan.

For more information go to www.cdc.gov/disabilities

National Center on Birth Defects and Developmental Disabilities
Division of Human Development and Disability