

# Disability Impacts ALL of US



Each of us may experience a disability in our lifetime.

CDC's National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

## A Snapshot of Disability in Maine\*

This fact sheet provides an overview of disability in Maine compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Maine.



## Disability Costs in HEALTHCARE EXPENDITURES



**\$2.4 billion per year\*\*** in Maine

### Adults with Disabilities are more likely to\*

Despite progress, adults with disabilities in Maine and across the country continue to experience significant differences in health characteristics and behaviors compared to adults without disabilities.

#### be inactive

Adults with disabilities  
Adults without disabilities



#### have high blood pressure

Adults with disabilities  
Adults without disabilities



#### smoke

Adults with disabilities  
Adults without disabilities



#### have obesity

Adults with disabilities  
Adults without disabilities



## Percentage of adults with select functional disability types\*

**MOBILITY:** Serious difficulty walking or climbing stairs

**COGNITION:** Serious difficulty concentrating, remembering, or making decisions

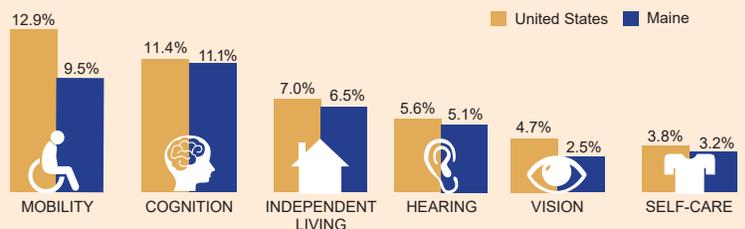
**INDEPENDENT LIVING:** Difficulty doing errands along, such as visiting a doctor's office or shopping

**HEARING:** Deafness or serious difficulty hearing

**VISION:** Blind or serious difficulty seeing, even when wearing glasses

**SELF-CARE:** Difficulty dressing or bathing

### Types of Disabilities Comparing U.S. with Maine



\* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).

\*\* Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 31% of total healthcare expenditures for the state of Maine.

