A Snapshot of Disability in Maine*

This fact sheet provides an overview of disability in Maine compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Maine.

Disability Costs in HEALTHCARE EXPENDITURES

$2.4 billion per year** in Maine

Adults with Disabilities are more likely to*

- be inactive
  - Adults with disabilities in the U.S.: 42.2%
  - Adults with disabilities in Maine: 37.6%
  - Adults without disabilities in the U.S.: 24.3%
  - Adults without disabilities in Maine: 22.9%

- have high blood pressure
  - Adults with disabilities in the U.S.: 41.9%
  - Adults with disabilities in Maine: 39.6%
  - Adults without disabilities in the U.S.: 25.9%
  - Adults without disabilities in Maine: 26.7%

- smoke
  - Adults with disabilities in the U.S.: 27.8%
  - Adults with disabilities in Maine: 34.4%
  - Adults without disabilities in the U.S.: 13.4%
  - Adults without disabilities in Maine: 14.7%

- have obesity
  - Adults with disabilities in the U.S.: 39.5%
  - Adults with disabilities in Maine: 37.0%
  - Adults without disabilities in the U.S.: 26.3%
  - Adults without disabilities in Maine: 25.2%

Percentage of adults with select functional disability types*

- MOBILITY: Serious difficulty walking or climbing stairs
- COGNITION: Serious difficulty concentrating, remembering, or making decisions
- INDEPENDENT LIVING: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- HEARING: Deafness or serious difficulty hearing
- VISION: Blind or serious difficulty seeing, even when wearing glasses
- SELF-CARE: Difficulty dressing or bathing

Types of Disabilities Comparing U.S. with Maine

- MOBILITY
  - United States: 12.9%
  - Maine: 9.9%
- COGNITION
  - United States: 11.4%
  - Maine: 11.1%
- INDEPENDENT LIVING
  - United States: 7.0%
  - Maine: 6.5%
- HEARING
  - United States: 5.6%
  - Maine: 5.1%
- VISION
  - United States: 4.7%
  - Maine: 3.6%
- SELF-CARE
  - United States: 3.8%
  - Maine: 3.2%

* Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).
** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 31% of total healthcare expenditures for the state of Maine.

For more information go to www.cdc.gov/disabilities