Each of us may experience a disability in our lifetime.

CDC’s National Center on Birth Defects and Developmental Disabilities supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

A Snapshot of Disability in Louisiana*

This fact sheet provides an overview of disability in Louisiana compared to national estimates. You can use this information to learn more about the percentages and characteristics of adults with disabilities in Louisiana.

Disability Costs in HEALTHCARE EXPENDITURES

$6.6 billion per year** in Louisiana

Adults with Disabilities are more likely to*

- **be inactive**
  - Adults with disabilities in the U.S.: 42.2%
  - Adults with disabilities in Louisiana: 48.1%
  - Adults without disabilities in the U.S.: 24.3%
  - Adults without disabilities in Louisiana: 28.7%

- **have high blood pressure**
  - Adults with disabilities in the U.S.: 41.9%
  - Adults with disabilities in Louisiana: 47.5%
  - Adults without disabilities in the U.S.: 25.9%
  - Adults without disabilities in Louisiana: 31.8%

- **smoke**
  - Adults with disabilities in the U.S.: 27.8%
  - Adults with disabilities in Louisiana: 35.8%
  - Adults without disabilities in the U.S.: 13.4%
  - Adults without disabilities in Louisiana: 18.7%

- **have obesity**
  - Adults with disabilities in the U.S.: 39.5%
  - Adults with disabilities in Louisiana: 40.4%
  - Adults without disabilities in the U.S.: 26.3%
  - Adults without disabilities in Louisiana: 33.5%

** Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).

** Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 29% of total healthcare expenditures for the state of Louisiana.