Everyone can play a role in supporting more inclusive state programs, communities, and health care to help people with, or at risk for, disabilities be well and active in their communities. Join CDC and its partners as we work together to improve the health of people with disabilities.

1,175,034 adults in Kentucky have a disability

This is equal to 33% or 1 in 3 adults in Kentucky

Percentage of adults in Kentucky with select functional disability types

- Mobility: 16%
- Cognition: 15%
- Independent Living: 10%
- Hearing: 9%
- Vision: 7%
- Self-care: 5%

Disability Types

- Mobility: Serious difficulty walking or climbing stairs
- Cognition: Serious difficulty concentrating, remembering, or making decisions
- Independent living: Serious difficulty doing errands alone, such as visiting a doctor’s office
- Hearing: Deafness or serious difficulty hearing
- Vision: Blind or serious difficulty seeing, even when wearing glasses
- Self-care: Difficulty dressing or bathing

Adults with disabilities in Kentucky experience health disparities and are more likely to...

- Have Depression: 48% (15% with disability)
- Have Obesity: 43% (33% with disability)
- Smoke: 33% (17% with disability)
- Have Diabetes: 16% (9% with disability)
- Have Heart Disease: 13% (5% with disability)

Visit dhds.cdc.gov for more disability and health data across the United States.

Disability Healthcare Costs in Kentucky

- About $14 BILLION per year, or up to 41% of the state’s healthcare spending
- About $15,177 per person with a disability

Learn how CDC and state programs support people with disabilities at www.cdc.gov/ncbddd/disabilityandhealth/programs.html.

Note: Data are rounded to the nearest whole figure. For more precise prevalence data, please visit dhds.cdc.gov.