Each of us may experience a disability in our lifetime.

*CDC’s National Center on Birth Defects and Developmental Disabilities* supports efforts to include adults with disabilities in disease prevention, health promotion, and emergency response activities, while working to remove barriers to health care and improve access to routine preventive services.

### A Snapshot of Disability in Kentucky*

This fact sheet provides an overview of disability in Kentucky compared to national estimates. You can use this information to become aware of the number and characteristics of people with disabilities in Kentucky.

### Disability Costs in HEALTHCARE EXPENDITURES

$5.8$ billion per year** in Kentucky

### Adults with Disabilities are more likely to*

- **be inactive**
  - Adults with disabilities in the U.S.: $42.2\%$
  - Adults without disabilities in the U.S.: $24.3\%$
  - Adults with disabilities in Kentucky: $49.0\%$
  - Adults without disabilities in Kentucky: $29.8\%$

- **have high blood pressure**
  - Adults with disabilities in the U.S.: $41.9\%$
  - Adults without disabilities in the U.S.: $25.9\%$
  - Adults with disabilities in Kentucky: $48.6\%$
  - Adults without disabilities in Kentucky: $30.1\%$

- **smoke**
  - Adults with disabilities in the U.S.: $27.8\%$
  - Adults without disabilities in the U.S.: $13.4\%$
  - Adults with disabilities in Kentucky: $37.7\%$
  - Adults without disabilities in Kentucky: $19.7\%$

- **have obesity**
  - Adults with disabilities in the U.S.: $39.5\%$
  - Adults without disabilities in the U.S.: $26.3\%$
  - Adults with disabilities in Kentucky: $42.8\%$
  - Adults without disabilities in Kentucky: $29.5\%$

### Percentage of adults with select functional disability types*

- **MOBILITY**: Serious difficulty walking or climbing stairs
- **COGNITION**: Serious difficulty concentrating, remembering, or making decisions
- **INDEPENDENT LIVING**: Difficulty doing errands alone, such as visiting a doctor’s office or shopping
- **HEARING**: Deafness or serious difficulty hearing
- **VISION**: Blind or serious difficulty seeing, even when wearing glasses
- **SELF-CARE**: Difficulty dressing or bathing

*Data Source: 2017 Behavioral Risk Factor Surveillance System (BRFSS).*

**Disability-associated healthcare expenditures are presented in 2006 dollars as reported in Anderson et al, 2010. This value represents approximately 27% of total healthcare expenditures for the state of Kentucky.

For more information go to [www.cdc.gov/disabilities](http://www.cdc.gov/disabilities)